

Vesper Propers, Sunday, March 19
Third Sunday in the Great Fast

Our venerable fathers of the St. Sabbas Monastery, killed by Saracens in 796. The monks refused to flee from the Muslim invasion, saying “We have fled from the world into this wilderness for the love of Christ; it would be shame to us now to flee from the wilderness for fear of men. If we are killed here, we shall be killed through love of Christ, for whose sake we have come here to live.”

All page references are to "The Order of Vespers on Sunday Afternoons in the Great Fast."

Beginning Prayers, p. 1

Psalm 103, p. 2

Litany of Peace, p. 6

Psalm 140, Tone 3, with recited verses and stichera 10 - 7, p. 32

Stichera for the Third Sunday of the Great Fast, page 69

Cantor: (Tone 4) Because with the Lord there is mercy and fullness of redemption.

(on 3) Israel indeed he will redeem from all its iniquity.

Tone 4 podoben: Jako doblja

Stichera for our Venerable Fathers of the St. Sabbas Monastery (*Samohlasen settings begin on page 4*)

③

O ven - er - a - ble fa - thers, since you cher - ished the object of
your desires with your whole heart, you con - sid - ered the pleasures of this life
to be ash - es and dust. You were en - am - ored only of the goods that en - dure
for ev - er. In the midst of vigils and prayers, in spite of the cold
and burn - ing heat, in the cav - erns which served as your dwell - ings,

you became fellow-citizens with the an-gels through the grace of God.

Cantor: Praise the Lord, all you nations; **Psalm 116**
(on 2) acclaim him, all you peoples!

②

Struck by clods of dirt, stones, and fists, O ho-ly mar-tyrs, you all maintained

the same senti-ments to-gether, u-nit-ed by fraternal love and af-fec-tion.

Sent to-gether to death, your limbs cut off, you vic-to-ri-ous

ath-letes were off-ered as ac-cept-a-ble vic-tims at the ta-ble of God!

Cantor: Strong is the love of the Lord for us;
(on 1) he is faithful forever.

①

Suf-fo-cat-ed and burned a-live in the fire, O il-lus-trious martyrs,

you com-mend-ed your souls in-to the hands of the Almighty as spot-less vic-tims,

in or-der to be u-nit-ed to the choirs of bod-i-less Pow-ers

and re-ceive the inheritance of e - ter-nal bliss: pray unceasingly that those who sing

to you may share your lot.

Cantor:

Theotokion - Tone 4 samohlasen

O Most Im-mac-u-late One, wheth-er I sail on the sea, travel on land, or rest at home,

give me grace and keep my mind a - lert. En - a - ble me to do God's will,

so that be-cause of the sins of my life, I will find myself hastening under

your pro - tec - tion on the day of judg - - - ment.

Hymn of the Evening, p.9

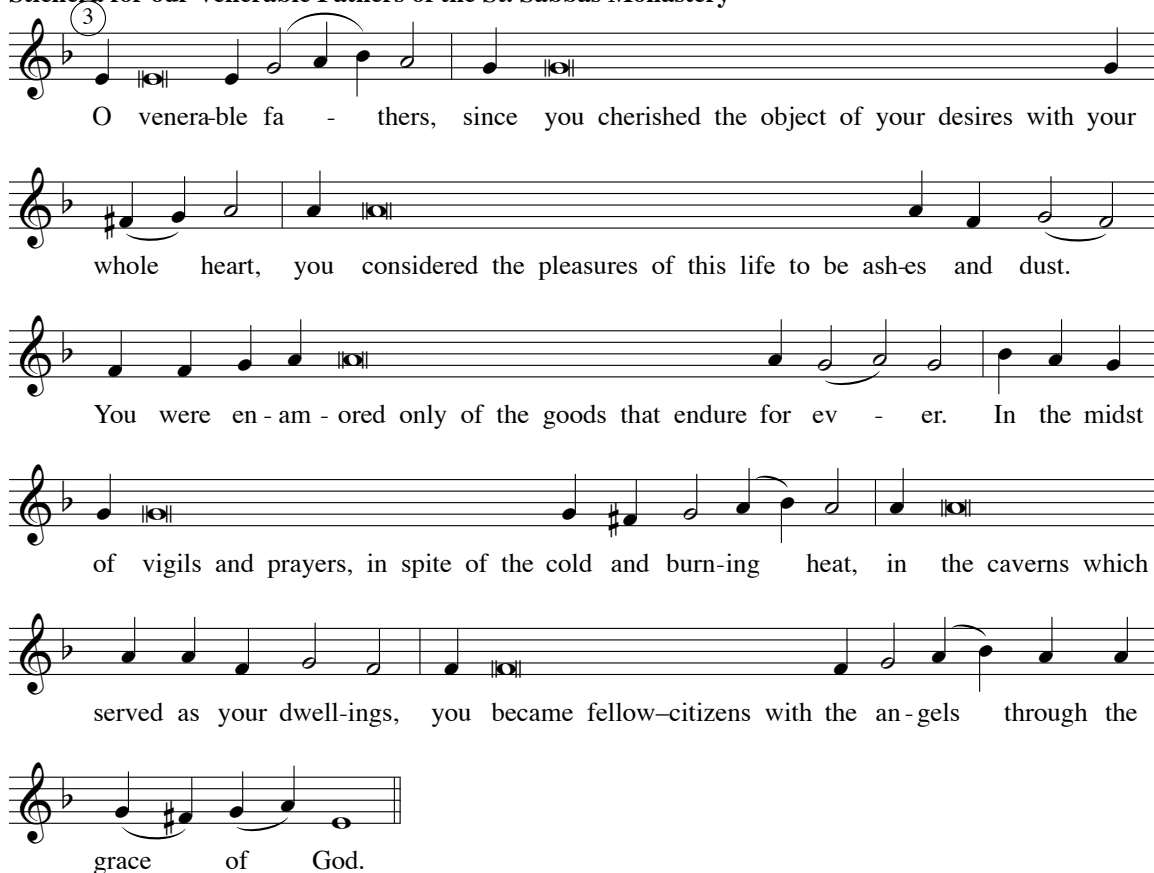
Great Prokeimenon, Tone 8 "You have granted us the heritage..." p.10

Apostichera of the Third Sunday in the Great Fast, Tone 4, p 71

Stichera for Psalm 140 - samohlasen settings

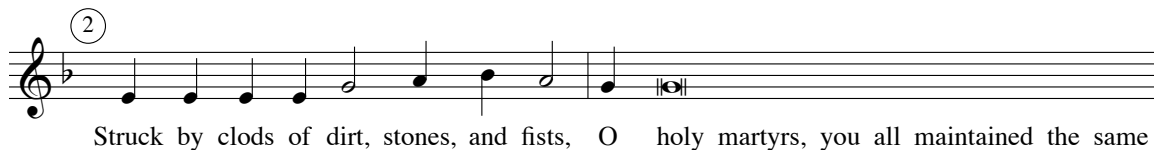
Cantor: (Tone 4) Because with the Lord there is mercy and fullness of redemption.
(on 3) Israel indeed he will redeem from all its iniquity.

Stichera for our Venerable Fathers of the St. Sabbas Monastery



O venerable fa - thers, since you cherished the object of your desires with your whole heart, you considered the pleasures of this life to be ash-es and dust. You were en-am - ored only of the goods that endure for ev - er. In the midst of vigils and prayers, in spite of the cold and burn-ing heat, in the caverns which served as your dwell-ings, you became fellow-citizens with the an-gels through the grace of God.

Cantor: Praise the Lord, all you nations; **Psalm 116**
(on 2) acclaim him, all you peoples!



Struck by clods of dirt, stones, and fists, O holy martyrs, you all maintained the same

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to death, your limbs cut off, you vic - to - rious ath - letes were off - ered
as accepta - ble vic - tims at the ta - ble of God!

Cantor: Strong is the love of the Lord for us;
(on 1) he is faithful forever.

Suf - focated and burned a - live in the fire, O illustrious martyrs, you com - mend - ed
your souls in - to the hands of the Almighty as spot - less vic - tims, in or - der
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Please turn to page 3 of this insert for the Theotokion.