

Propers for the Divine Liturgy of the Presanctified Gifts  
Monday in the First Week of the Great Fast - Clean Monday  
February 23, 2009

*During the Great Fast, the Church calls us back to our baptismal covenant. Through the disciplines of fasting, almsgiving, and prayer (outlined for us in the 6th chapter of the Gospel according to Saint Matthew), we re-focus our lives on loving the Lord our God with all our heart and mind and soul, and on loving our neighbors as ourselves.*

*The Divine Liturgy of the Presanctified Gifts is the service of Vespers, with the distribution of Holy Communion consecrated the previous Sunday at the Divine Liturgy.*

*This pamphlet contains the Lamp-lighting Psalms and the hymns taken with them, as translated by the Inter-Eparchial Commission on the Liturgy.*

*During the season of the Great Fast, the Church reads two books of the Old Testament through from beginning to end: the book of Genesis and the book of Proverbs. We hear from Genesis to give us the history of mankind's relation with God; we hear from Proverbs to gain insight into our daily life in God.*

## The Lamplighting Psalms

### Psalm 140

Tone 3

O Lord, I have cried to you, hear me. Hear me, O Lord!

O Lord, I have cried to you, hear me; re-ceive the voice of my pray'r when I

call up - on you. Hear me, O Lord! Let my pray'r

as - cend to you like in - cense, and the lift - ing up of my hands like an

eve - ning sac - ri - fice. Hear me, O Lord!

O Lord, set a guard before my mouth  
and set a seal on the door of *my* lips.

Let not my heart be inclined to evil,  
nor make excuse for the sins I *commit*.

Let me never share in sinners' feasting.  
If a just man strikes or reproves me it *is* kindness

but let the oil of the wicked not anoint my head.  
Let my prayer be ever against *their* malice.

The princes were thrown down by the side of the rock;  
then they understood that my words *were* kind.

As a millstone is shattered to pieces on the ground,  
so their bones were strewn at the mouth of *the* grave.

To you, Lord God, my eyes are turned;  
in you I take refuge; spare *my* soul!

From the trap they have laid for me keep me safe;  
keep me from the snares of those who *do* evil.

Let the wicked fall into the traps they have set  
while I pursue my way *un*harmed.

**Psalm 141** With all my voice I cry to the Lord,  
with all my voice I entreat *the* Lord.

I pour out my trouble before him;  
I tell him all my distress while my spirit faints *with*in me.

But you, O Lord, know my path.  
On the way where I shall walk they have hidden a snare to *en*trap me.

Look on my right and see:  
there is no one who takes *my* part.

I have no means of escape,  
not one who cares for *my* soul.

I cry to you, O Lord.  
I have said: "You are my refuge, all I have in the land of *the* living."

Listen, then, to my cry  
for I am in the depths *of* distress.

Rescue me from those who pursue me  
for they are stronger *than* I.

Bring my soul out of this prison  
and then I shall praise *your* name.

Around me the just will assemble  
because of your goodness *to* me.

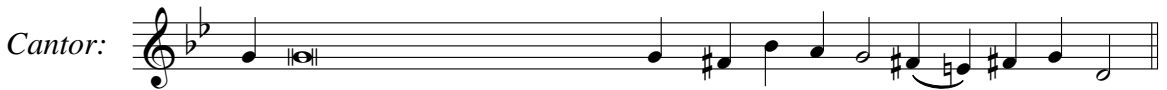
**Psalm 129** Out of the depths I cry to you, O Lord;  
Lord, hear *my* voice!

Let your ears be attentive  
to the voice of *my* pleading.

If you, O Lord, should mark our guilt, Lord, who would stand?  
But with you is found forgiveness: for this we *revere* you.

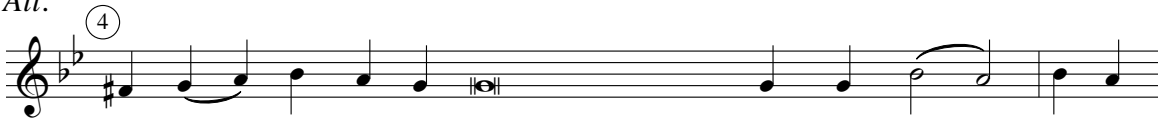
My soul is waiting for the Lord. I count on his word.  
My soul is longing for the Lord more than watchman *for* daybreak.

*Tone 3*



Let the watchman count on day-break and Is - ra - el on the Lord.

All:



Let us keep an ac - ceptable fast that will please the Lord. A true



fast means estrange-ment from e - vils, ab - stinence from an-ger, con - trol



of the tongue, giv - ing up the pas - sions, insults, lies, and swear - ing.



To be deprived of all of these is a true and ac - cept - a - ble fast.

*Tone 2*



Be-cause with the Lord there is mercy and fullness of redemp-tion, Is - ra - el



*All:* in - deed he will re - deem from all its in - i - qui - ty.

③



I have com - mit - ted ev - 'ry sort of sin. I am more lost than an - y - one.



I would not have the tears to shed e - ven if I want - ed to re - pent. But if I



con - tin - ue to live in - dif - fer - ent - ly I will be li - a - ble to pun - ish - ment.



But you, O God, who a - lone are good, set me a - right and have mer - cy on me.



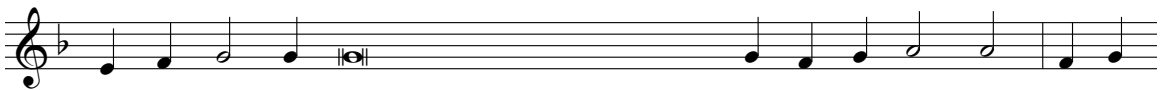
*Cantor:*

Praise the Lord, all you na - tions; ac - claim him all you peo - ples!

*All:* ②



On this joy - ful day of the fast grant me show - ers of tears, O Lord.



Let me feel com - punction and wash away the filth of self - in - dul - gence so that



I may stand be - fore you pur - i - fied when you come from heav - en to judge all

mor - tals as the on - ly just judge, O Lord.

*Tone 5*

*Cantor:*

*All:* Strong is the love of the Lord for us; he is faith-ful for-ev - er.

①

to de - flect the enemy's ev - 'ry e - vil scheme. Let us not be enticed by

pas - sion - ate pleas - ures nor fear the fire of temp - ta - tions; for

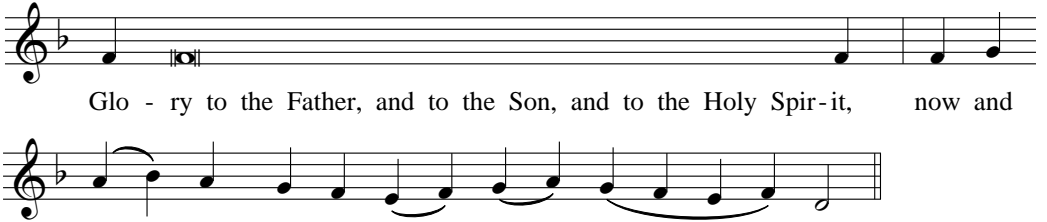
through them Christ who loves us all will re - ward us with crowns for our per - se - ver - ance.

Then let us pray with bold - ness; let us fall be - fore him and cry out,

beg - ging peace for our souls and great mer - cy.

*The faithful STAND.*

*Cantor:*



Glo - ry to the Father, and to the Son, and to the Holy Spir-it, now and  
ev - er and for - ev - er. A - - - men.

*All:*



From my youth I have shown myself to be a zeal - ous sin - ner. My mind has  
been scarred by the man-y e - vil hab - its in which I have lov - ing - ly  
per - sist - ed. Now I la - ment my ruin - ous de - lu - sions, my e - vil hab - its,  
and my fol - ly, and the de - struc - tion of my soul. Do not de - spise me, O La - dy,  
for I am being des - troyed by e - vil. But by your protection take pit - y  
on me and save me from ev - 'ry out - burst of pas - sion  
so that at least in old age I may re - pent be - fore God.

**Deacon:** Wisdom! Be attentive!

*The clergy and servers enter the sanctuary as "O Joyful Light" is sung.  
The sanctuary and the faithful are incensed.*



O Joy - ful Light of the ho - ly glo - ry of the Fa - ther Im - mor - tal,  
the hea - ven - ly, ho - ly, bles - sed One, O Je - sus Christ: Now that we have  
reached the set - ting of the sun, and see the eve - ning light, we sing to God,  
Fa - ther, Son, and Ho - ly Spir - it. It is fit - ting at all times to raise  
a song of praise in meas - ured mel - o - dy to you, O Son of God, the  
Giv - er of Life. There - fore, the u - ni - verse sings your glo - ry.

**Deacon:** Let us be attentive!

**Celebrant:** Peace ☩ be to all!

**Deacon:** Wisdom! Be attentive!

**Prokeimenon 1 - Tone 6 (Psalm 3: 9, 2)**

O Lord of sal - va - tion, O Lord of sal - va - - - tion,  
bless your peo - ple.

*Verse:* How many are my foes, O Lord.

**Deacon:** Wisdom!

**Lector:** A Reading from the Book of Genesis

**Deacon:** Let us be attentive!

*The faithful SIT while the lector chants the reading.*

**Lector:** [Genesis 1:1-13]

**Deacon:** Wisdom! Be attentive!

*The faithful STAND.*

**Prokeimenon 2 - Tone 5 (Psalm 4: 4b, 2)**

The Lord hears me when - ev - er I call him, when - ev - er  
I call him.

*Verse:* When I call, answer me, O God of Justice.

**Deacon:** Give the command!

**Celebrant:** Wisdom! Be attentive!

The light of Christ shines upon everyone.

*The faithful give no response to these words. All make three prostrations in silence.*

**Lector:** A reading from the Book of Proverbs.

**Deacon:** Let us be attentive!

*The faithful SIT while the lector chants the reading.*

**Lector:** [Proverbs 1:1-20]

**Celebrant:** Peace ☩ be to you, reader.

*The service continues with the solemn evening psalm ("Let my prayer ascend").*