

**Vesper Propers, December 5, 2010**  
**Twenty-eight Sunday after Pentecost**

**Our venerable and God-bearing father Sabbas the Sanctified**, who, born in Cappadocia, arrived at the desert of Judea, and instituted a new sort of eremetical life in seven monasteries, which were called "laurae." He gathered solitaries under one overseer (hegumen). In the great laura, which afterwards was adorned with his name, he dwelt for many years, a shining example of sanctity. He strove assiduously for the faith taught at the Council of Chalcedon. (532)

*Supplement for The Order of Vespers for Sundays after Pentecost, 2006*

*Lamplighting Psalms in the Tone of the Week (Tone 3, p. 48), stichera 10-7.*

**Cantor:** If you, O Lord, should mark our guilt, Lord who would survive?  
(on 6) But with you is found forgiveness: for this we revere you.

**Stichera of our venerable father Sabbas - Tone 5 samohlasen**

6 5

O Fa-ther of the spiritual life, similar to the an-gels, fel-low-cit-izen with the saints,  
associ-ate of the proph-ets, co-heir with the mar-tyrs and a-pos-tles,  
you dwell for-ever in that Light that does not fade. Il-lu-mined by its di-vine  
ra-di-ance, en-light-ened by the object of all your de-sire, re-main-ing  
in-timately at his side, you re-joice endlessly in the divine contempla-tion

of his beau - ty. Pray to Christ; beg him to grant the Church har - mo - ny,  
 peace, and the grace of sal - va - - - tion.

**Cantor:** My soul is longing for the Lord. I count on his word.  
 (on 5) My soul is longing for the Lord more than watchman for daybreak.  
*All repeat: "O Father of the spiritual life, similar to the angels..."*

**Cantor:** Let the watchman count on daybreak  
 (on 4) and Israel on the Lord.

O Bless - ed Father, unquenchable light of tem - p'rance, daz - zling bea - con for monks,  
 shin - ing with the ra - diance of love, un - shake - a - ble for - tress of pa - tience,  
 pil - lar and support of the faithful who hon - or you, treas - 'ry of heal ing, true citi - zen  
 of the des - ert: you have be - come a new Par - a - dise, bring - ing  
 forth divine fruit for the cho - sen. Pray to Christ; beg him to grant the Church  
 har - mo - ny, peace, and the grace of sal - va - - - tion.

**Cantor:** Because with the Lord there is mercy and fullness of redemption,  
(on 3) Israel indeed he will redeem from all its iniquity.  
*All repeat: "O Blessed Father, unquenchable light of temperence..."*

**Cantor:** Praise the Lord, all you nations;  
(on 2) acclaim him, all you peoples!



② ①

O Fa-ther of the spir-it - ual life, you are a resplendent pil-lar of vir - tues,  
a bea-con on the o-cean of this life guid-ing the people to the safe har-bor  
of God, a bul-wark breaking the spir-its of er - ror, the pure voice  
of the Ho - ly Spir-it, the guide of monks, a just mod-el of tem-p'rance,  
the crown of humil-i - ty in all things, a spring of joyful waters that  
gush-es forth heal-ing. Pray to Christ; beg him to grant the Church  
har-mo - ny, peace, and the grace of sal - va - - - tion.

**Cantor:** Strong is the love of the Lord for us;  
(on 1) he is faithful forever.  
*All repeat: "O Father of the spiritual life, you are a resplendent pillar of virtues..."*

Cantor: (Tone 6) Glory...

**Doxastikon of our venerable father Sabbas - Tone 6 samohlasen**

Pre - serv - ing the image of God faultless - ly with - in you, and, through asceticism,  
subjecting the disorderly passions to the spir - it, you have ascended as far as  
possible in the di - vine like - ness. You strug - gled to submit the lower to  
the high - er, val - iantly dominat - ing your na - ture, mak - ing the flesh a  
serv - ant of the spir - it. Thus you have become a mod - el for monks,  
a founder of hermitages, an instruct - or for pray'r - ful hearts, a cer - tain rule of  
vir - tue. Now in the heav - ens, all mirrors have been laid aside, O bless - ed one,  
and you clearly contemplate the Ho - ly Trin - i - ty, in - ter - ced - ing for the faith - ful  
who hon - or you with their whole heart.

**Cantor:** (Tone 3) Now and ever...

*Dogmatikon in the Tone of the week (Tone 3, page 53).*

- Readings:** 1) Wisdom 3:1-9 (EOT 315-316)  
2) Wisdom 5:15 - 6:3 (EOT 303-304)  
3) Wisdom 4:7-15 (EOT 308)

## Litija

*Tone 2 Bolhar*

You were filled with love for the goods which sur - pass all understanding,  
O di - vine - ly in - spired fa - ther, and re-nounced all the at - trac - tions  
of life here be-low. You were nev - er seduced by the for-bid - den fruit,  
as was Ad - am; rath - er by tem-per-ance you lived an an - gel - ic life,  
re - ject - ing the ser - pent. Now that you dwell in heav-en, O fa-ther  
Sa - bas the Sanc - ti - fied, you re - joice in the Tree of Life.  
You are the heav'n-ly in - ter - ces - sor be - fore God for those who



cel - e - brate your ho - ly mem - o - ry.

*The service continues with the Litany of the Litija, p 116.*

### Aposticha

*Sunday aposticha in the Tone of the Week (Tone 3, p. 54), concluding with:*

**Cantor:** (Tone 8) Glory...

**Aposticha doxastikon of our venerable father Sabbas - Tone 8 samohlasen**



We hon - or you, O ho - ly fa - ther, as the spir - it - ual guide for all monks,



for you have taught us all to walk the straight path. Bless - ed are you who have



served Christ and have tram - pled down the power of the en - e - my.



O com - pan - ion of the angels, the just and the saints, in - ter - cede to - geth - er



with them be - fore the Lord that he might have mer - cy on our souls.

**Cantor:** Now and ever...

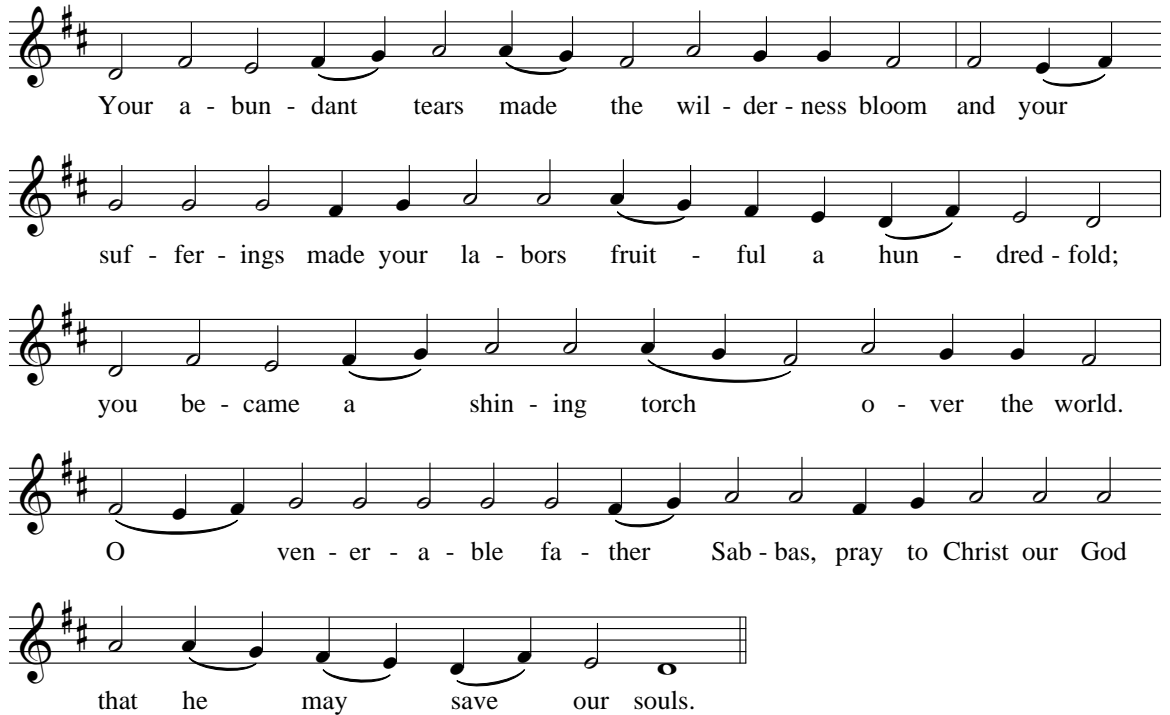
*Aposticha theotokion in the same tone (Tone 8, page 110).*

## Troparia

*Troparion of the Resurrection in the Tone of the Week (Tone 3, p. 57).*

**Cantor:** (Tone 8) Glory....

**Troparion of our venerable father Sabbas - Tone 8**



Your a - bun - dant tears made the wil - der - ness bloom and your  
suf - fer - ings made your la - bors fruit - ful a hun - dred - fold;  
you be - came a shin - ing torch o - ver the world.  
O ven - er - a - ble fa - ther Sab - bas, pray to Christ our God  
that he may save our souls.

**Cantor:** Now and ever...

*Festal Theotokion in the same Tone (Tone 8, p. 111).*

*The service continues with the Blessing of Bread, p. 119.*