

TYPIKA AT HOME: OCTOBER 1, 2021  
FEAST OF THE PROTECTION OF THE THEOTOKOS

**Opening Hymn:**

**Troparion, Tone 4**

Protected by your appearance, O Mother of God; today, we devout people solemnly celebrate. Gazing upon your most pure icon, we fervently say: Protect us with your holy veil, and deliver us from all evil, imploring your Son, Christ our God, to save our souls.

*Leader:* Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

*Response:* Amen.

Glory to you, our God, glory to you.

Heavenly King, Comforter, Spirit of Truth, everywhere present and filling all things, Treasury of blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious One.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Master, forgive our transgressions; Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

Lord, have mercy. (*Twelve times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen

Come, let us worship our King and God.

Come, let us worship Christ, our King and God.

Come, let us worship and bow before the only Lord Jesus Christ the King and our God.

*We chant the Typical Psalms:*

**Psalm 102:**

Bless the Lord, O my soul,  
and all my being, bless his holy name.

Bless the Lord, O my soul,  
and never forget all his blessings.

It is he who forgives all your guilt,  
who heals every one of your ills,

who redeems your life from the grave,  
who crowns you with love and compassion,

who fills your life with good things,  
renewing your youth like an eagle's.

The Lord does deeds of justice,  
gives judgment for all who are oppressed.

He made known his ways to Moses  
and his deeds to Israel's sons.

The Lord is compassion and love,  
slow to anger and rich in mercy.

His wrath will come to an end;  
he will not be angry forever.

He does not treat us according to our sins  
nor repay us according to our faults.

For as the heavens are high above the earth  
so strong is his love for those who fear him.

As far as the east is from the west  
so far does he remove our sins.

As a father has compassion on his sons,  
the Lord has pity on those who fear him;

for he knows of what we are made,  
he remembers that we are dust.

As for man, his days are like grass;  
he flowers like the flower of the field;

the wind blows and he is gone  
and his place never sees him again.

But the love of the Lord is everlasting  
upon those who hold him in fear;

his justice reaches out to children's children  
when they keep his covenant in truth,  
when they remember his commands and do them.

The Lord has set his throne in heaven  
and his kingdom is ruling over all.

Bless the Lord, all his angels,  
mighty in power, fulfilling his word,  
who heed the voice of his word.

Bless the Lord, all his hosts,  
his servants who do his will.

Bless the Lord, all his works,  
in every place where he rules.

Glory to the Father, and to the Son,  
and to the Holy Spirit,  
now and ever and forever. Amen.

Bless the Lord, O my soul!  
and all my being, bless his holy name.

Blessed are you, O Lord.  
Glory to the Father, and to the Son,  
and to the Holy Spirit.

Praise the Lord, O my soul.  
I will praise the Lord all my life.  
I will make music to my God while I live.

Put no trust in princes,  
in mortal men in whom there is no help.

Take their breath, they return to clay  
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,  
whose hope is in the Lord his God,

who alone made heaven and earth,  
the seas and all they contain.

It is the Lord who keeps faith forever,  
who is just to those who are oppressed.

It is he who gives bread to the hungry,  
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,  
who raises up those who are bowed down,

the Lord, who protects the stranger  
and upholds the widow and orphan.

It is the Lord who loves the just  
but thwarts the path of the wicked.

The Lord will reign forever,  
Zion's God, from age to age.

Now and ever  
and forever. Amen.

### **Hymn of the Incarnation**

O only-begotten Son and Word of God, who, being immortal, deigned for our salvation to become incarnate of the holy Theotokos and Ever-Virgin Mary, and became man without change; you were also crucified, O Christ our God, and by death have trampled Death, being One of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

### **Troparia at the Beatitudes**

In your kingdom, remember us, O Lord, when you come in your kingdom.

**12.** Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

**11.** Blessed are they who mourn,  
for they will be comforted.

**10.** Blessed are the meek,  
for they will inherit the land.

**9.** Blessed are they who hunger and thirst for  
righteousness, for they will be satisfied.

**8.** *Blessed are the merciful, for they will be shown mercy.*

(Tone 1) Rejoice, mystical earth, who without plowing have given forth a divine wheat!  
Rejoice, living table who support the bread of life! Rejoice, O Lady, unfailing fountain of  
living water!

*7. Blessed are the pure of heart, for they will see God.*

- We your servants stand in your church awaiting your mercy, O Lady; aid us in our lowliness and defend all Christians of the true Faith from all evil with the protection of your veil.

*6. Blessed are the peacemakers, for they will be called children of God.*

- O praiseworthy Virgin, the prophets once spoke about you; with them, pray to God that we may celebrate your protection with radiance and joy. .

*5. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*

- Gideon foretold you when he spoke about the fleece, for Christ descended upon you like dew upon the fleece. You gave birth to God; now ask him to protect all true Christians, that overcoming their opponents- like the people of Midian - they may give glory on your holy feast.

*4. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me.*

- The holy priests and pious people are present in your church awaiting your mercy, O Theotokos. For you have given birth to the joy that absolved all from sin, and thus changed our grief into gladness.

*3. Rejoice and be glad, for your reward will be great in heaven.*

- The whole world offers you gifts as Queen and Mother of God. Emperors and princes hail you and all people rejoice, protected from every evil by your prayers, O Theotokos.

*2. Glory to the Father, and to the Son, and to the Holy Spirit.*

- Daniel described you as a mighty mountain, for Christ was born from you, but not of mortal seed. He destroyed the plots of the devil and filled the earth with faith in himself. Pray to him for those who glorify the feast of your protection.

*1. Now and ever and forever. Amen.*

- We raise our voices to you like the angel: Rejoice, O throne of God upon which Ezechiel saw the Lord in human likeness, carried aloft by the cherubim. With them, O Mother of God, beg him to save our souls!

### **Prokeimenon, Tone 3:**

My soul proclaims the greatness of the Lord and my spirit rejoices in God my Savior.

*Verse:* For he has looked with favor on the humility of his servant; from this day forward, all generations will call me blessed.

Epistle: Hebrews 9:1-7

*Leader:* A reading from the Letter of the Saint Paul the Apostle to the Hebrews.

Brothers and Sisters: Now the first covenant had regulations for worship and an earthly sanctuary. For a tabernacle was constructed, the outer one, in which were the lampstand, the table, and the bread of offering; this is called the Holy Place. Behind the second veil was the tabernacle called the Holy of Holies, in which were the gold altar of incense and the ark of the covenant entirely covered with gold. In it were the gold jar containing the manna, the staff of Aaron that had sprouted, and the tablets of the covenant. Above it were the cherubim of glory overshadowing the place of expiation. Now is not the time to speak of these in detail. With these arrangements for worship, the priests, in performing their service, go into

the outer tabernacle repeatedly, but the high priest alone goes into the inner one once a year, not without blood that he offers for himself and for the sins of the people.

**Alleluia, Tone 8:** Alleluia, alleluia, alleluia

*Verse:* Listen, O daughter, and see and incline your ear.

*Verse:* The rich among the people will seek your favor.

*Leader:* A reading from the gospel of the holy apostle and evangelist Luke. (Luke 10:38-42; 11:27-28)

*Response:* Glory to you, O Lord, glory to you.

*Leader:*

At that time: As they continued their journey Jesus entered a village where a woman whose name was Martha welcomed him. She had a sister named Mary who sat beside the Lord at his feet listening to him speak. Martha, burdened with much serving, came to him and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her." While he was speaking, a woman from the crowd called out and said to him, "Blessed is the womb that carried you and the breasts at which you nursed." He replied, "Rather, blessed are those who hear the word of God and observe it."

*Response:* Glory to you, O Lord, glory to you.

*Then:*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever and forever. Amen.

Remember us, O Lord,  
when you come in your kingdom.

Remember us, O Master,  
when you come in your kingdom.

Remember us, O Holy One,  
when you come in your kingdom.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Look towards him and be radiant;  
let your faces not be abashed.

The heavenly choir praises you and says,  
Holy, holy, holy, Lord God of hosts;

heaven and earth are filled with your glory.

Glory to the Father, and to the Son,  
and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly powers, praises you and says,  
Holy, holy, holy, Lord God of hosts;  
heaven and earth are filled with your glory.

Now and ever  
and forever. Amen.

### **Profession of Faith**

I believe in one God, the Father Almighty, Creator of heaven and earth, of all things visible and invisible; and in one Lord Jesus Christ, Son of God, the only-begotten, born of the Father before all ages. Light from light, true God from true God, begotten, not made, one in essence with the Father; through whom all things were made. For us and for our salvation, he came down from heaven and was incarnate from the Holy Spirit and the Virgin Mary, and became man. He was crucified for us under Pontius Pilate, and suffered and was buried. He rose on the third day according to the scriptures. He ascended into heaven and is seated at the right hand of the Father, and he is coming again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the Creator of Life, who proceeds from the Father. Together with the Father and the Son he is worshiped and glorified; he spoke through the prophets. In one, holy, catholic, and apostolic Church. I profess one baptism for the remission of sins. I expect the resurrection of the dead and the life of the world to come. Amen.

Remit, pardon, and forgive our transgressions, voluntary and involuntary, in deed and in word, with knowledge and in ignorance, in thought and in desire, by night and by day, forgive them all, O God, for you are good and love us all.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

*Leader:* Lord Jesus Christ, Son of God, have mercy on us.

*Response:* Amen.

### **Kontakion, Tone 3:**

Today the virgin is present in the Church and with the choirs of saints invisibly prays to God for us. The angels worship with the hierarchs, the apostles rejoice with the prophets, because the Theotokos prays for us to the eternal God.

Lord, have mercy. (*Twelve times*)

*Leader:* Most holy Trinity, Consubstantial Power, Indivisible Kingdom, Cause of all good things, look favorably upon me, a sinner, at this present hour. Take away all the defilement of my mind and enlighten my understanding that I may always praise, glorify, and say:  
*Response:* One is holy, one is Lord Jesus Christ, to the glory of God the Father. Amen

*The Leader bows his head and together with the faithful makes a spiritual Communion praying aloud:*

O Lord, I believe and confess that you are truly Christ,  
who came into the world  
To save sinners of whom I am the first.  
Although I cannot be a partaker now of your mystical supper, O Son of God,  
Come at least spiritually into my heart by Your Divine Grace  
for the healing of my soul and body.  
For I will not reveal your mystery to your enemies,  
Nor will I give you a kiss as did Judas,  
But like the thief I profess to you:  
+ Remember me, O Lord, when you come in your kingdom.  
+ Remember me, O Master, when you come in your kingdom.  
+ Remember me, O Holy One, when you come in your kingdom.  
O Lord, I also believe and profess, that this,  
Which I would receive, and which is now here present with us in Mystery,  
Is truly your most precious Body, and your life-giving Blood,  
Which, I pray, I may one day receive again  
For the remission of all my sins and for life everlasting. Amen

*Then immediately:*

### **Psalm 33**

I will bless the Lord at all times,  
his praise always on my lips;

In the Lord  
my soul shall make its boast  
The humble shall hear  
and be glad.

Glorify the Lord with me.  
Together let us praise his name.

I sought the Lord and he answered me;  
from all my terrors he set me free.

Look towards him and be radiant;  
let your faces not be abashed.

This poor man called, the Lord heard him

and rescued him from all his distress.

The angel of the Lord is encamped,  
around those who revere him, to rescue them.

Taste and see that the Lord is good.  
He is happy who seeks refuge in him.

Revere the Lord, you his saints.  
They lack nothing, those who revere him.

Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing.

Come, children, and hear me  
that I may teach you the fear of the Lord.

Who is he who longs for life and many days,  
to enjoy his prosperity?

Then keep your tongue from evil  
and your lips from speaking deceit.

Turn aside from evil and do good;  
seek and strive after peace.

The Lord turns his face against the wicked  
to destroy their remembrance from the earth.

The Lord turns his eyes to the just  
and his ears to their appeal.

The just cried out and the Lord heard them,  
and rescued them from all their distress.

The Lord is close to the broken-hearted;  
those whose spirit is crushed he will save.

Many are the trials of the just,  
but from them all the Lord will rescue them.

He will keep guard over all their bones,  
not one of their bones shall be broken.

Evil brings death to the wicked;  
those who hate the good are doomed.

The Lord ransoms the souls of his servants.

Those who hide in him shall not be condemned.

More honorable than the cherubim, and beyond compare more glorious than the seraphim;  
who, a virgin, gave birth to God the Word, you, truly the Theotokos, we magnify.

**Leader:** Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

**Response:** Amen.

**Closing Hymn:**

We hasten to your patronage, O Maiden full of grace  
We seek your help in every need, our Queen and Advocate.  
And keep us free from sinful deeds, O Virgin most beloved.  
We ask you not to forsake us not, give mercy from above.

O loving Mother, guide us now, who cry to you for aid.  
All those who place their hope in you remain so unafraid.  
And cover with your mantle blue your children who await  
Salvation and redemption day, our Queen and Advocate.

Your son will hear your every prayer, O Mother of our Lord.  
We chance to perish without help, for such is his reward.  
O Mother Mary, pray for us to your most gracious Son.  
With you to speak on our behalf, salvation's goal is won.