You have destroyed Death by your cross; you opened paradise to the thief.

The sorrow of the myrrh-bearers you turned to joy. You commanded your apostles to proclaim: Christ our God, you have risen, granting great mercy to the world.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and ever and ever. Amen.

O guide to wisdom and giver of insight, teacher of the ignorant and protector of the poor, strengthen and enlighten my heart, O Master.
Word of the Father, give me words for, behold, I do not restrain my lips from crying out to you: O merciful Lord, have mercy on me, for I have fallen.

Prokeimenon of Cheesefare Sunday - Tone 8 (Psalm 75:12,2):

Make vows to the Lord your God, to the Lord your God and fulfill them, and fulfill them.

Verse: God is known in Judah; in Israel his name is great.

Alleluia of Cheesefare Sunday - Tone 6 (Psalm 91:2,3):

Alleluia! Alleluia! Alleluia!

Verse: It is good to give thanks to the Lord and to sing praise to your name, O Most High.
Verse: To proclaim your mercy in the morning, and your faithfulness throughout the night.

Communion Hymn for Sunday (Psalm 148:1): (music found on pages 78-81)
Praise the Lord from the heavens, praise him in the highest. Alleluia! Alleluia! Alleluia!