

Instead of “It is truly proper . . .”:  
**Magnification:** *(music found on pages 98 / 102)*  
In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

**Communion Hymn for Sunday** (Psalm 148:1):

B

*Other melodies  
may be used*

Praise the Lord from the heav - - ens, praise him in the high - est,  
praise him in the high - est, praise the Lord from the heav - ens.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Communion Hymn for our holy father Gregory Palamas** (Psalm 111:6,7):

B

The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear; e - vil news he will not fear.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

Divine Liturgy, March 1, 2026  
SECOND SUNDAY OF THE GREAT FAST

**Troparion of the Resurrection - Tone 5**

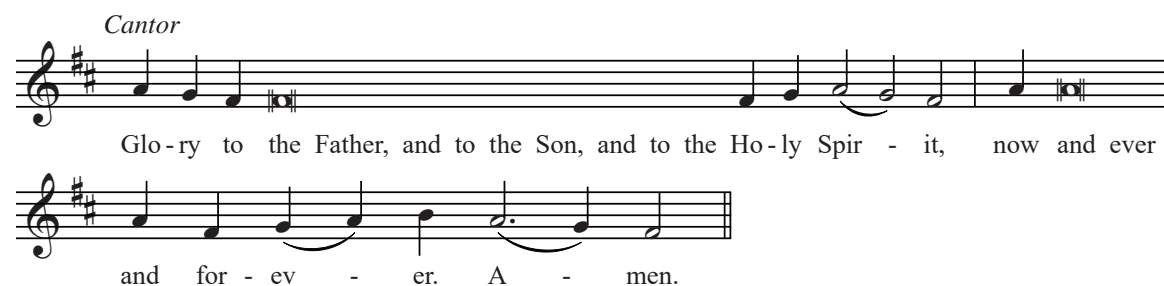
DL 146

O faith-ful, let us praise and a-dore the Word e - ter - nal with the Fa-ther  
and the Spir - it, and born of the Vir-gin for our sal - va - tion.  
For he chose to as-cend the cross in the flesh and to suf - fer death, and to  
raise the dead by his glo - ri - ous res - ur - rec - - - tion.

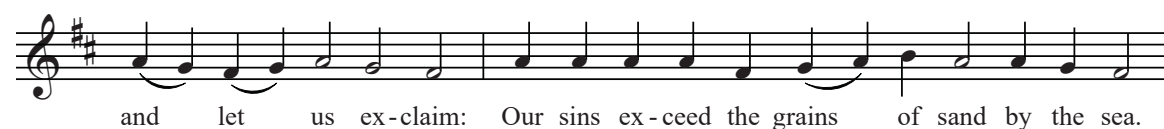
**Troparion of our holy father Gregory Palamas - Tone 8**

*Menaion*

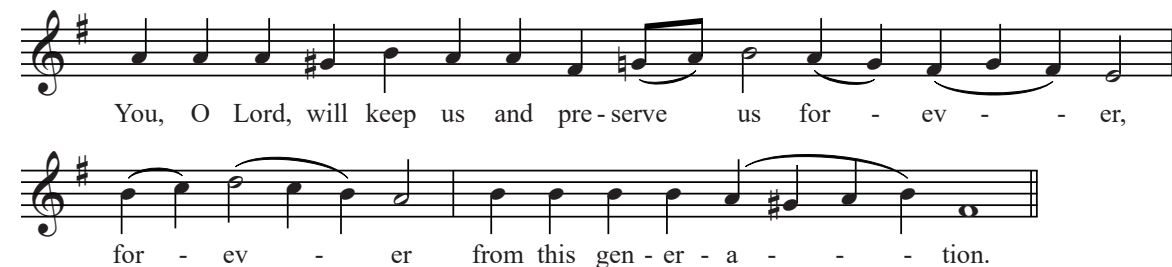
O Light of the true faith, teach-er and sup - port of the Church, a - dorn-ment  
of monks and in - vin - ci - ble ram-part of the - o - lo - gians,  
O ho - ly Greg - o - ry the Won - der - work - er, the glo - ry of  
Thes - sa - lo - ni - ca and the her - ald of grace, in - ter - cede



**Kontakion of the Second Sunday of the Great Fast - Tone 4** DL 222



**Prokeimenon of the Second Sunday of the Great Fast - Tone 5 (Psalm 11:8,2):** DL 222



*Verse:* Save me, O Lord, for the righteous have vanished.

*And then immediately:*

**Prokeimenon of our holy father Gregory Palamas - Tone 1 (Psalm 48:4,2):** DL 373



**Alleluia of the Resurrection - Tone 5 (Psalm 88:2,3):** DL 148



*Verse:* I shall sing forever of your mercies, O Lord;  
through all generations my mouth will proclaim your truth.

*Verse:* For you have said: Mercy is built to last forever.  
Your truth is firmly established in heaven.

*And then immediately after the second verse:*

**Alleluia of our holy father Gregory Palamas - Tone 2 (Psalm 36:30,31):** DL 373



*Verse:* The mouth of the just will utter wisdom, and his tongue will pronounce judgment.

*[Verse:]* The law of his God is in his heart; his steps shall be saved from stumbling.]