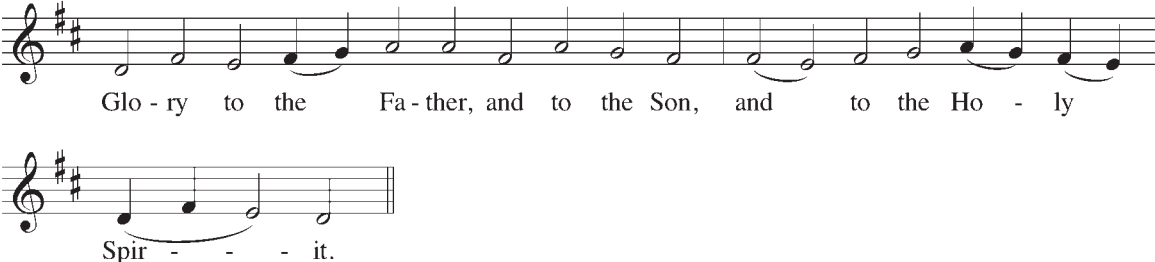


The Order of the Third Hour

*Metropolitan Cantor Institute
Pittsburgh, Pennsylvania
2007*

Tone 8



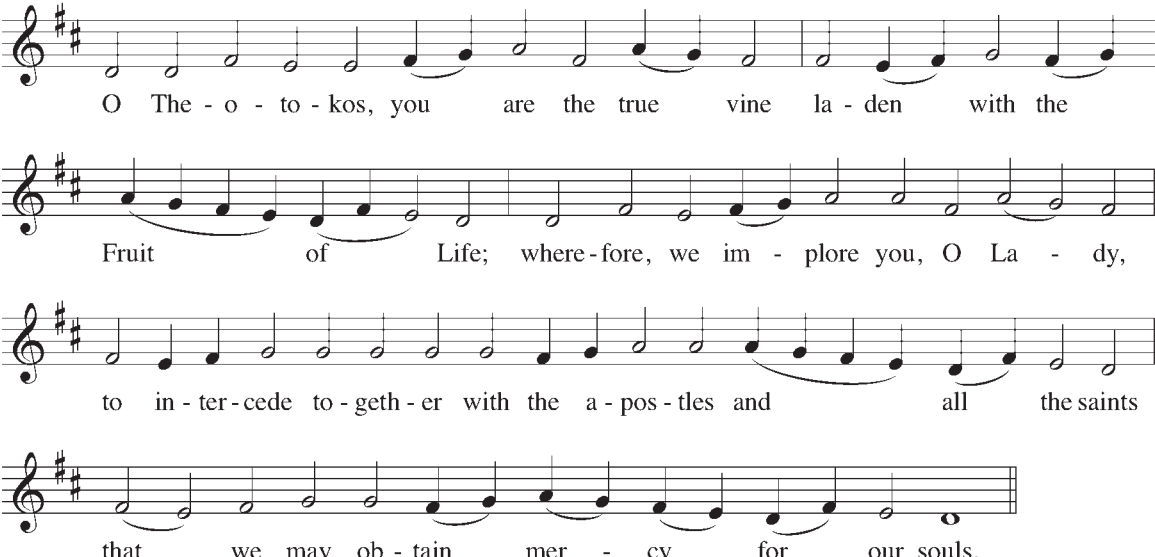
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly
Spir - - - it.

The Troparion for the Day is sung here.



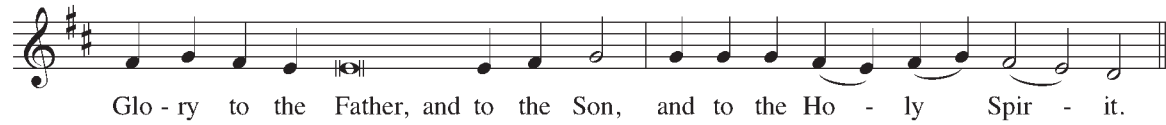
Now and ev - er and for - ev - er. A - - - men.

Theotokion, Tone 8



O The - o - to - kos, you are the true vine la - den with the
Fruit of Life; where - fore, we im - plore you, O La - dy,
to in - ter - cede to - geth - er with the a - pos - tles and all the saints
that we may ob - tain mer - cy for our souls.

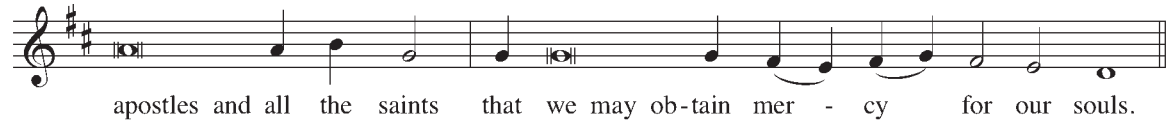
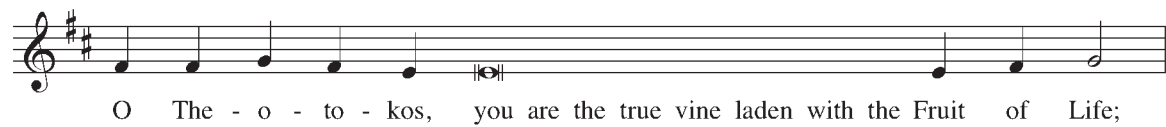
Tone 7



The Troparion of the Day is sung here.



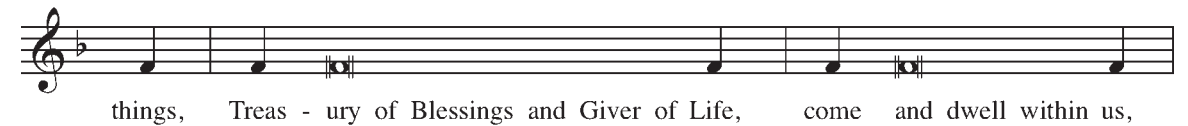
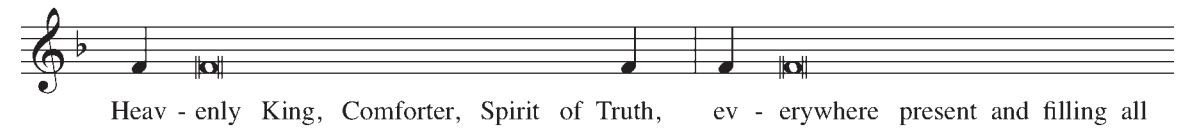
Theotokion, Tone 7



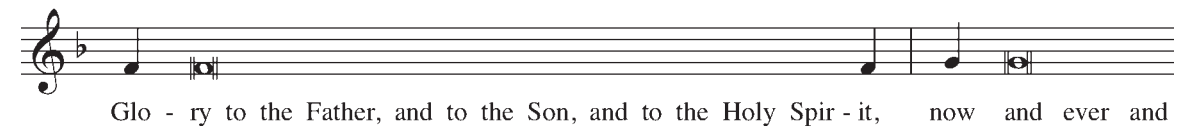
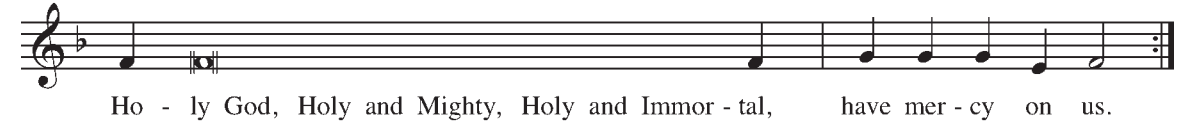
Celebrant: Blessed is our God, always, now and ever and forever.

If a celebrant is not present:

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us.



Three times:



Most Holy Trinity, have mercy on us; Lord, cleanse us of our sins; Mas ter,
 for - give our transgres sions; Ho - ly One, come to us and heal our infirmities for your
 name's sake.
 Lord, have mercy. Lord, have mer - cy. Lord, have mer - cy.
 Glo - ry to the Father, and to the Son, and to the Holy Spir - it, now and ever and
 for - ev - er. A - men.
 Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will
 be done on earth as it is in heav-en. Give us this day our daily bread; and forgive

Tone 6

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

The Troparion of the Day is sung here.

Now and ev - er and for - ev - er. A - men.

Theotokion, Tone 6

O The - o - to - kos, you are the true vine laden with the Fruit of Life;
 where - fore, we im - plore you, O La - dy, to in - ter - cede
 to - gether with the apostles and all the saints that we may obtain mer - cy
 for our souls.

Tone 5

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

The Troparion of the Day is sung here.

Now and ev - er and for - ev - er. A - - - men.

Theotokion, Tone 5

O The - o - to - kos, you are the true vine la - den with the Fruit of Life;

where - fore, we im - plore you, O La - dy, to in - ter - cede

to - gether with the a - pos - tles and all the saints that we may ob - tain

mer - cy for our souls.

us our trespass - es as we forgive those who trespass against us; and lead us

not into tempta - tion, but deliver us from e - vil.

Celebrant: For thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever and forever.

A - men.

Twice:

Lord, have mercy. Lord, have mercy. Lord, have mer - cy. Lord, have mercy. Lord,

have mercy. Lord, have mer - cy.

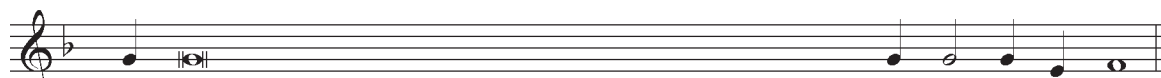
Glo - ry to the Father, and to the Son, and to the Holy Spir - it, now and ever and

for - ev - er. A - men.

Call to Worship




Come, let us worship our King and God. Come, let us worship Christ, our King and God.



Come, let us worship and bow before the only Lord Jesus Christ, the King and our God.

Psalm 16: the prayer of an innocent



Lord, hear a cause that is just, pay heed to *my* cry.

Turn your ear to my prayer:
no deceit is on *my* lips.

From you may my judgment come forth.
Your eyes discern *the* truth.

You search my heart, you visit me by night.
You test me and you find in me *no* wrong.

My words are not sinful like men's words.
I kept from violence because of *your* word,

I kept my feet firmly in your paths;
there was no faltering in *my* steps.

I am here and I call, you will hear me, O God.
Turn your ear to me; hear *my* words.

Tone 4



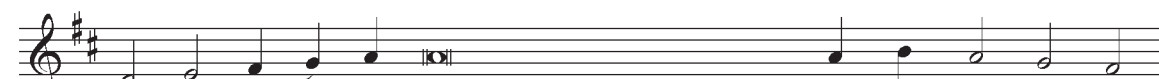
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

The Troparion of the Day is sung here.




Now and ev - er and for - ev - er. A - men.

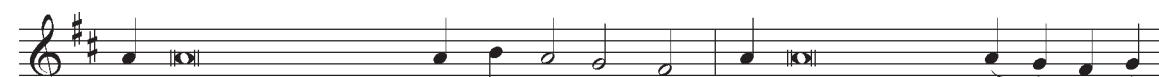
Theotokion, Tone 4



O The - o - to - kos, you are the true vine laden with the Fruit of Life;



where - fore, we im - plore you, O La - dy, to in - ter - cede



to - gether with the apos - tles and all the saints that we may obtain mer - cy



for our souls.

Tone 3



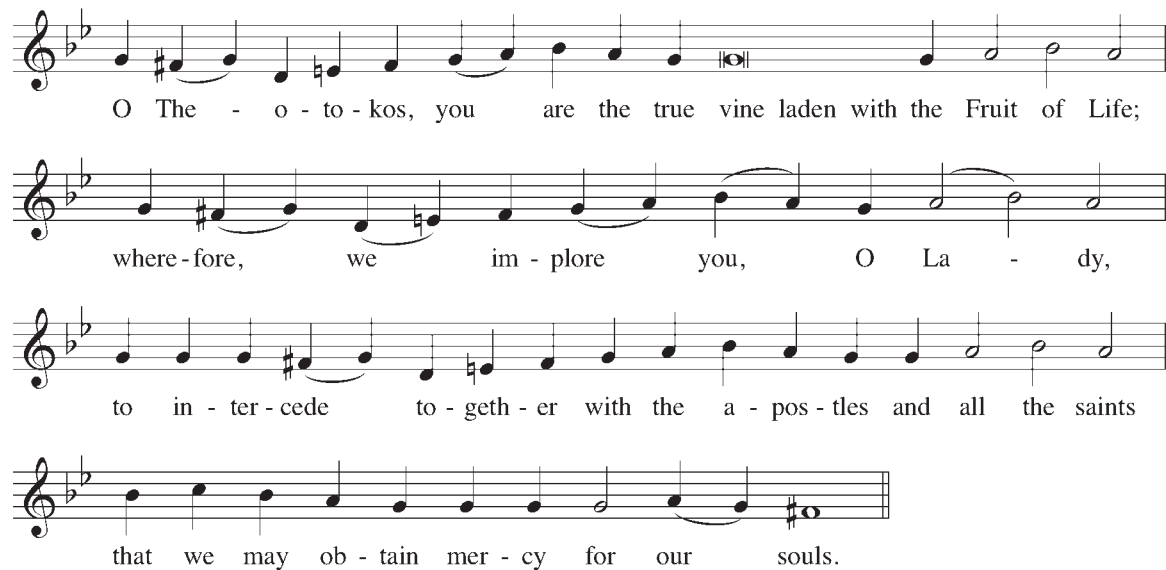
Glo - ry to the Fa - ther, and to the Son,
and to the Ho - ly Spir - it.

The Troparion of the Day is sung here.



Now and ev - er and for - ev - er. A - men.

Theotokion, Tone 3



O The - o - to - kos, you are the true vine laden with the Fruit of Life;
where - fore, we im - plore you, O La - dy,
to in - ter - cede to - geth - er with the a - pos - tles and all the saints
that we may ob - tain mer - cy for our souls.

Display your great love, you whose right hand
saves your friends from those who rebel *against* them.

Guard me as the apple of your eye.
Hide me in the shadow of *your* wings

from the violent attack of the wicked.
My foes encircle me with deadly *intent*.

Their hearts tight shut, their mouths speak proudly.
They advance against me, and now they *surround* me.

Their eyes are watching to strike me to the ground,
as though they were lions ready to claw
or like some young lion crouched *in* hiding.

Lord, arise, confront them, strike them down!
Let your sword rescue my soul from *the* wicked;

let your hand, O Lord, rescue me from men,
from men whose reward is in this *present* life.

You give them their fill of your treasures;
they rejoice in abundance of offspring
and leave their wealth to *their* children.

As for me, in my justice I shall see your face
and be filled, when I awake, with the sight of *your* glory.

Psalm 24: a prayer for guidance and protection

To you, O Lord,
I lift up *my* soul.

I trust you, let me not disappointed;
do not let my *enemies* triumph.

Those who hope in you shall not be disappointed,
but only those who wantonly *break* faith.

Lord, make me know your ways.
Lord, teach me *your* paths.

Make me walk in your truth, and teach me:
for you are God *my* savior.

In you I hope all day long
because of your goodness, *O* Lord.

Remember your mercy, Lord,
and the love you have shown from *of* old.

Do not remember the sins of my youth.
In your love *remember* me.

The Lord is good and upright.
He shows the path to those *who* stray,

He guides the humble in the right path,
He teaches his way to *the* poor.

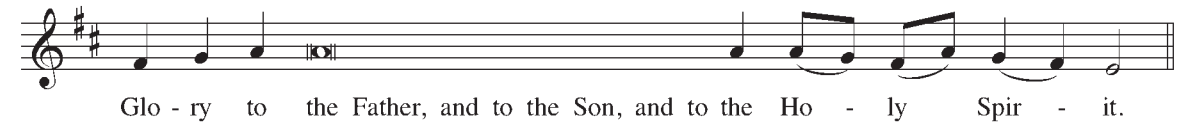
His ways are faithfulness and love
for those who keep his covenant *and* will.

Lord, for the sake of your name
forgive my guilt, for it *is* great.

If anyone fears the Lord
he will show him the path he *should* choose.

His soul will live in happiness
and his children shall possess *the* land.

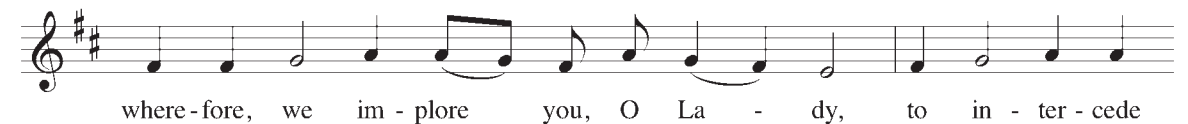
Tone 2



The Troparion of the Day is sung here.



Theotokion, Tone 2



Doxology and Theotokion in the Eight Tones

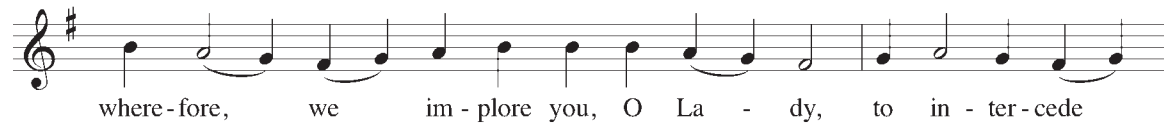
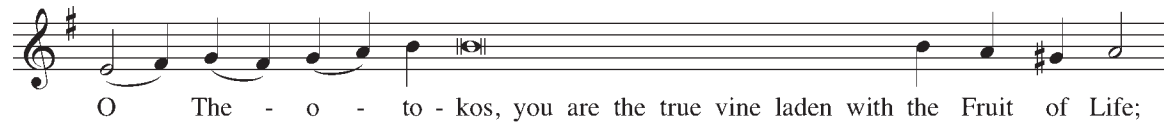
Tone 1



The Troparion for the Day is sung here.



Theotokion, Tone 1



The Lord's friendship is for those who revere him;
to them he reveals *his* covenant.

My eyes are always on the Lord;
for he rescues my feet from *the* snare.

Turn to me and have mercy
for I am lonely *and* poor.

Relieve the anguish of my heart
and set me free from my *distress*.

See my affliction and my toil
and take all my sins *away*.

See how many are my foes;
how violent their hatred *for* me.

Preserve my life and rescue me.
Do not disappoint me, you are *my* refuge.

May innocence and uprightness protect me:
for my hope is in you, *O* Lord.

Redeem Israel, O God,
from all its *distress*.

Psalm 50: Prayer of repentance

Have mercy on me, God, in your kindness.
In your compassion blot out *my* offense.

O wash me more and more from my guilt
and cleanse me from *my* sin.

My offenses truly I know them;
my sin is always *before* me.

Against you, you alone, have I sinned;
what is evil in your sight I *have* done.

That you may be justified when you give sentence
and be without reproach when *you* judge,

O see, in guilt I was born,
a sinner was I *conceived*.

Indeed you love truth in the heart;
then in the secret of my heart teach *me* wisdom.

O purify me, then I shall be clean;
O wash me, I shall be whiter *than* snow.

Make me hear rejoicing and gladness,
that the bones you have crushed *may* thrill.

From my sins turn away your face
and blot out all *my* guilt.

A pure heart create for me, O God;
put a steadfast spirit *within* me.

Do not cast me away from your presence,
nor deprive me of your *holy* spirit.

Give me again the joy of your help;
with a spirit of fervor *sustain* me,

that I may teach transgressors your ways
and sinners may return *to* you.

For you are blessed now and forever!

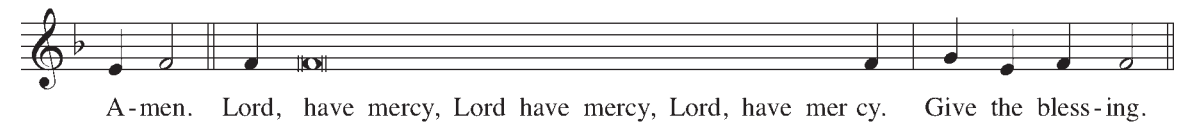
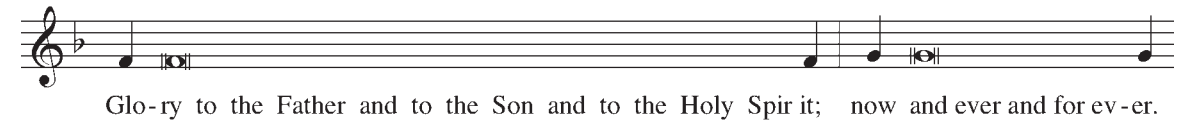
Response:



The Third Hour ends here if it is being led by someone other than a priest.

Celebrant: Glory to you, O Christ our God, our hope; glory to you!

Response:



Celebrant: May Christ our true God have mercy on us and save us through the prayers of his most pure Mother, and of the venerable and God-bearing fathers, and of the holy (*Name*), whose feast we keep this day, and of all the saints; for he is good and he loves us all.

Response:



Reader: O Christ our God, in all times and places you are worshiped and glorified both in heaven and on earth. You are long-suffering and generous in your mercy and compassion. You love the just and show mercy to the sinner, calling all to salvation through the promise of blessings to come. At this very hour, O Lord, receive our supplications and direct our lives in the path of your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, trouble and distress; surround us with your holy angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of your unspeakable glory. For you are blessed forever and ever.

Response:

A - men. Lord, have mercy. Lord, have mer - cy. Lord, have mer - cy.

More honorable than the cheru-bim, and beyond compare more glorious than the

ser - a phim, who, a virgin, gave birth to God the Word, you, truly the Theotokos, we

mag-ni - fy. In the name of the Lord, Fa - ther, give the bless-ing.

Celebrant: O God our Master, almighty Father;
or Leader: Only-begotten Son, Lord Jesus Christ;
 and you, O Holy Spirit;
 One God and One Might—
 have mercy on me, a sinner,
 and save me, your unworthy servant,
 according to the ways of your wisdom.

O rescue me, God, my helper,
 and my tongue shall ring out *your* goodness.

O Lord, open my lips
 and my mouth shall declare *your* praise.

For in sacrifice you take no delight,
 burnt offering from me you would *refuse*,

my sacrifice, a contrite spirit,
 a humbled, contrite heart you will *not* spurn.

In your goodness, show favor to Zion:
 rebuild the walls of *Jerusalem*.

Then you will be pleased with lawful sacrifice,
 burnt offerings wholly consumed,
 then you will be offered young bulls on *your* altar.

Glory to the Father, and to the Son, and to the Holy Spirit,
 now and ever and forever. *Amen*.

Three times, each with a reverence:
 Alleluia! Alleluia! Alleluia!
 Glory to you, *O* God!

Alleluia! Alleluia! Alleluia!
 Glory to you, *O* God!

Third time, all together, with melody:

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia! Glo - ry to you, O God!

Lord, have mercy. Lord, have mercy.
Lord, *have* mercy.

The Troparion of the Day, and the appropriate Theotokion, are now sung. The Doxology and the Theotokion in the eight Resurrectional Tones are found on the following pages:

Tone 1, page 14

Tone 2, page 15

Tone 3, page 16

Tone 4, page 17

Tone 5, page 18

Tone 6, page 19

Tone 7, page 20

Tone 8, page 21

Blessed is the Lord God!
Blessed is the Lord, day *by* day!
May the God of salvation smooth our path.
Our God is the God of *salvation*!

three times, each with a reverence:
Holy God, Holy and Mighty,
Holy and Immortal, have mercy *on* us.

Glory to the Father and to the Son and to the Holy Spirit,
now and ever and forever. Amen.

Most Holy Trinity, have mercy on us;
Lord, cleanse us of our sins;
Master, forgive our transgressions;
Holy One, come to us and heal our infirmities for *your* name's sake.

Lord, have mercy. Lord, have mercy.
Lord, *have* mercy.

Glory to the Father, and to the Son, and to the Holy Spirit,
now and ever and forever. Amen.

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us *from* evil.

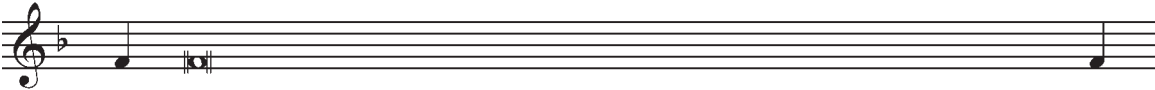
Celebrant: For thine is the kingdom and the power and the glory, Father, Son, and Holy Spirit, now and ever and forever.

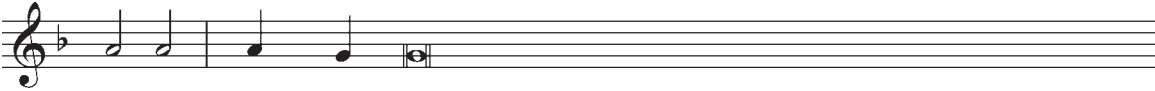
Response: 
A - men.

The Kontakion of the Day is now sung.

The priest comes to the ambon, where he will remain until the completion of the Third Hour.

Four times:


Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have


mer-cy. Lord, have mercy. Lord, have mercy. Lord, have mercy. Lord, have mercy.


Lord, have mer - cy.