

Second Sunday of the Great Fast

Commemoration of Saint Gregory Palamas



1. With joy we keep the ho - - - ly Fast
2. Now is the time ac - cep - - - ta - ble!
3. We praise you, un - cre - a - - - ted Light,
4. To God, the bless - ed Three - - - in - One,



And gath - er on the Lord's own Day
To - day, the day our Sav - ior calls!
Who fill the u - ni - verse with joy,
Who made and saves and sanc - ti - fies,



That through His Word and Sac - - - ra - ment,
Let us cast off the weight of sin
And give You thanks for Gre - - go - ry,
All praise in heav - en now is sung,



We may give thanks to Christ, the Way.
And rise a - gain from e - vil's falls.
Whose teach - ings wise we e'er em - ploy.
While earth with thanks and love re - plies!

Text and melody: J. Michael Thompson