

SUNDAY AFTER THE EXALTATION OF THE CROSS

September 18, 2005

Our venerable father Eumenius the Wonder-worker, bishop of Gortyna in Crete. He gave himself with his whole heart to Christ from his youth. He gave all he owned to the poor, and kept a very ascetic life of fasting and vigils. Seeing his virtue, the people of Gortyna chose him to be their bishop. He was father to the poor, consolation to the sad, healing to the sick, and a shepherd to his flock. He traveled to visit the desert fathers in the Thebaid, where he died. (7th century)

Hymn

melody: Pod tvoj pokrov/We Hasten to Your Patronage



1. Christ called the crowd to Him and said, "If you would fol - low Me,
2. What prof - it, then, to gain the world And then to lose one's soul?
3. For I am dead to my old self; With Christ I'm cru - ci - fied;



De - ny your - self, take up your cross, And my dis - ci - ple be!
What can be giv - en in ex - change That still would keep us whole?
The life I live is not my own - Yes, to my "self" I've died!



For those who seek to save their life Will lose it at the end;
If we be - have a - shamed of Christ, With wit-ness far from grand,
Christ lives in us; a life of faith—From sin and death set free,



But life lost for the Gos - pel's sake Will live on as My friend."
Christ will dis - own us each when we're Be - fore the judg - ment - stand.
That I may know that lov - ing Lord, Who gave Him - self for me.

First Antiphon (Psalm 21:2)

My God, my God, hear me; why have you for-sak - en me? Far from my sal - vation are the words of my trans - gres - sions. Through the pray'rs of the The - o - to - kos, O Sav - ior, save us. Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and ev - er and for - ev - er. A - men. Through the pray'rs of the The - o - to - kos, O Sav - ior, save us.

The musical score is written on five staves of music. Each staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The music features a variety of note values including quarter, eighth, and half notes, along with rests and bar lines. The piece concludes with a double bar line.

Second Antiphon (Psalm 66:2):

Why, O God, have you cast us off for - ev - er? Why does your an - ger smoulder against the sheep of your pas - ture? O Son of God, cru - ci - fied in the flesh, save us who sing to you: Al - le - lu - - - ia!

The musical score is written on three staves of music. Each staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The music features a variety of note values including quarter, eighth, and half notes, along with rests and bar lines. The piece concludes with a double bar line.

Hymn of the Incarnation - Resurrection Tone 7

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for - ev - er. A - men. O on - ly - begotten Son and
Word of God, who be - ing im - mor - tal, deigned for our sal - va - tion
to be - come in - car - nate of the ho - ly Theotokos and ever - Vir - gin Mar - y,
and be - came man with - out change; you were al - so crucified, O Christ our God,
and by death have tram - pled Death, be - ing One of the Ho - ly Trin - i - ty,
glo - rified with the Father and the Ho - ly Spir - it, save us.

The musical score is written on seven staves in G major (one sharp) and 4/4 time. It features a variety of note values including quarter, eighth, and sixteenth notes, as well as rests and bar lines. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes.

Third Antiphon (Psalm 94:1)



Come, let us sing joyful-ly to the Lord; let us ac-claim God our Sav - ior.



O Son of God, cru - ci - fied in the flesh, save us who sing to you:



Al - le - lu - - - ia!

Entrance Hymn (Psalm 94:6):



Come, let us wor - ship and bow be - fore Christ. O Son of God,



cru - cified in the flesh, save us who sing to you: Al - le - lu - - ia!

Troparion of the Resurrection - *Tone 1*



The stone was sealed by the Jews, sol - diers guard - ed your most pure



bod - y, but you, O Sav - ior, a - rose on the third day granting life to the world.



There - fore, the heav - en - ly pow - ers acclaimed you, O Giv - er of Life:

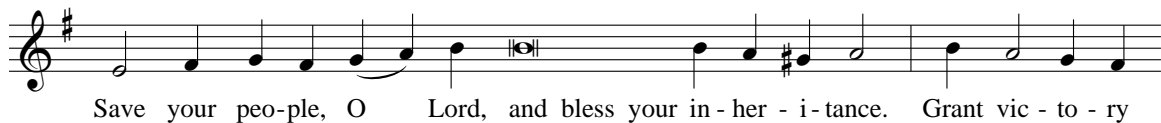


Glo - ry to your re - sur - rec - tion, O Christ! Glo - ry to your King - dom!



Glo - ry to your sal - va - tion! You a - lone love us all.

Troparion of the Cross - Tone 1

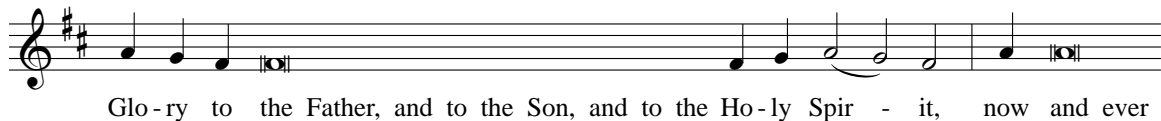


Save your peo - ple, O Lord, and bless your in - her - i - tance. Grant vic - to - ry



to your Church o - ver e - vil, and pro - tect your peo - ple by your cross.

Cantor

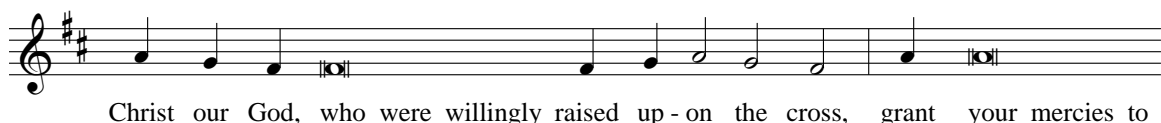


Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and ever

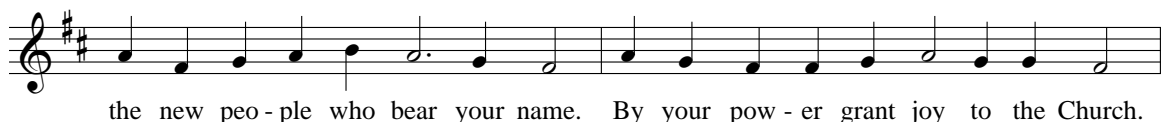


and for - ev - er. A - men.

Kontakion of the Cross - Tone 4



Christ our God, who were willingly raised up - on the cross, grant your mercies to



the new peo - ple who bear your name. By your pow - er grant joy to the Church.

Give her vic - to - ry o - ver e - vil with your in - vin - cible tro - phy,
the weap - on of peace, as an al - ly.

Instead of "Holy God":

We bow to your cross, O Lord, and we glorify your holy resurrection. (*Three times*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

Prokeimenon - Tone 7 (Psalm 98:5,1):

Ex - alt the Lord, the Lord our God and wor - ship at his foot - stool;
for he is ho - ly, for he is ho - ly.

Verse: The Lord is King; let the peoples rage.

Alleluia - Tone 1 (Psalm 73:2,12):

Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: Remember your flock which you acquired long ago.

Verse: God is our King from all ages; he has accomplished salvation in the middle of the earth.

Cherubic Hymn

A



Let us, who mys - - - tic' - ly re - pre - sent the cher - u - bim,



and sing the thrice - ho - ly hymn to the life - cre - a - ting Trin - i - ty,



now set a - side all earth - ly cares, all earth - ly cares.



A - men. That we may re - ceive, re - ceive the King of All,



in - vis - i - bly es - cort - ed by an - gel - ic hosts. Al - le - lu - ia! Al - le - lu - ia!



Al - le - lu - ia!

Anamnesis Acclamation

A



We praise you, we bless you, we thank you, O Lord,



and we pray to you, our God, pray to you, our God.

Instead of "It is truly proper . . ."

Magnification:

Ex - tol, ex - tol, O my soul, O my soul,
the most pre - cious cross of the Lord.

The musical notation consists of two staves in G major. The first staff contains the melody for "Ex - tol, ex - tol, O my soul, O my soul," with a final whole note on G. The second staff continues with "the most pre - cious cross of the Lord," also ending on a whole note G. The lyrics are placed below the notes.

Irmos

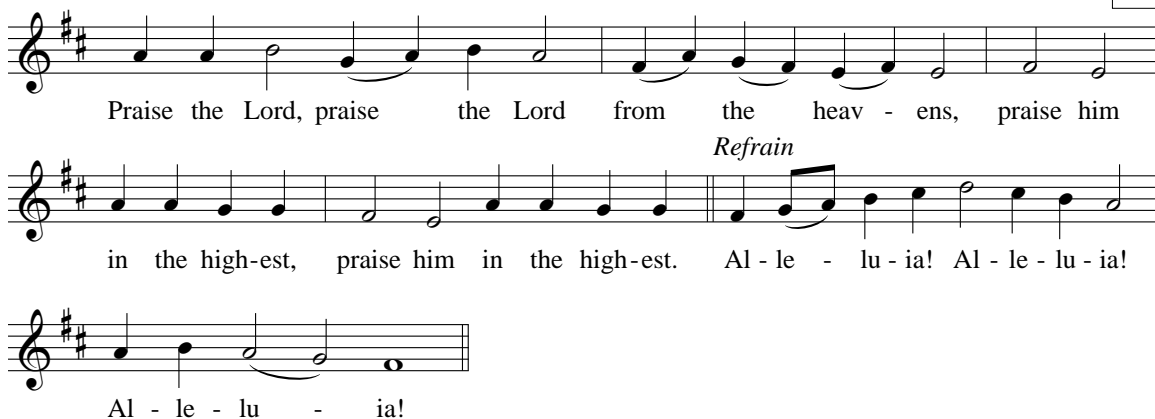
Tone 6 Irmos, simple setting

You are a mystical paradise, O The - o - to - kos; Christ has blos - somed forth from
you with - out till - ing. He plant - ed the life - bearing tree of the cross on the earth.
As we now ex - alt the cross and bow be - fore it, we pro - claim
your great - - - ness.

The musical notation consists of four staves in G major. The first staff contains the melody for "You are a mystical paradise, O The - o - to - kos; Christ has blos - somed forth from" and ends with a double bar line. The second staff continues with "you with - out till - ing. He plant - ed the life - bearing tree of the cross on the earth." and also ends with a double bar line. The third staff contains "As we now ex - alt the cross and bow be - fore it, we pro - claim" and ends with a double bar line. The fourth staff contains "your great - - - ness." and ends with a double bar line. The lyrics are placed below the notes.

Communion Hymn for Sundays (Psalm 148:1):

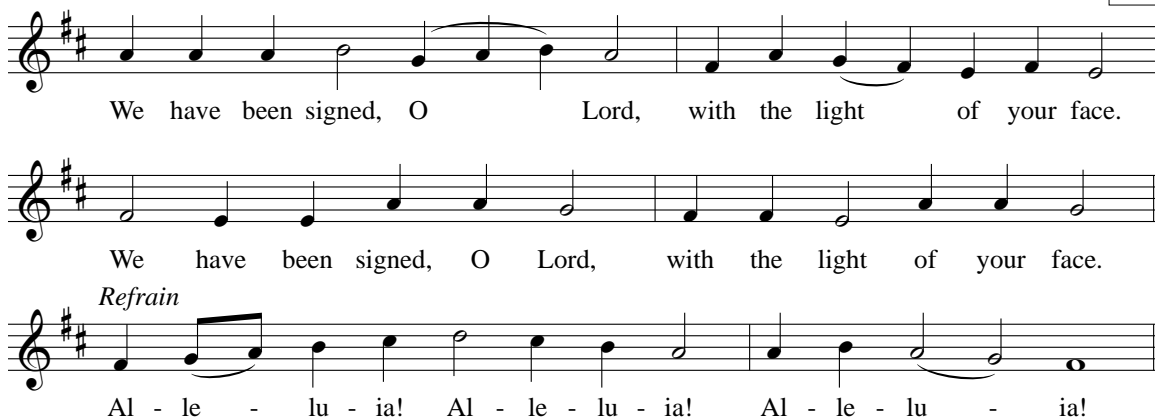
A



Praise the Lord, praise the Lord from the heav - ens, praise him
Refrain
in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!
Al - le - lu - ia!

Communion Hymn for the Cross (Psalm 4:7):

A



We have been signed, O Lord, with the light of your face.
We have been signed, O Lord, with the light of your face.
Refrain
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!