

**Divine Liturgy Propers, February 21, 2016**  
**Second Sunday of the Great Fast**

**Troparion of the Resurrection - *Tone 6***

An - gel-ic pow-ers ap-peared at your tomb, and the guards be-came like dead  
men. Mar-y stood at the tomb seeking your most pure bod-y. You de-spoiled  
Ha-des with-out a chal-lenge. You, the Giv-er of Life met the  
Vir-gin. O Lord, ris-en from the dead, glo - - - ry to you!

**Troparion of our holy father Gregory Palamas - *Tone 8***

O Light of the true faith, teach-er and sup-port of the Church, a-dorn-ment  
of monks and in-vin-ci-ble ram-part of the - o - lo - gians,  
O ho-ly Greg-o-ry the Won-der-work-er, the glo-ry of  
Thes-sa-lo-ni-ca and the her-ald of grace, in-ter-cede

with God for the sal - va - tion of our souls.

*Cantor*

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it, now and ever

and for - ev - er. A - men.

**Kontakion of the Second Sunday of the Great Fast - Tone 4**

Now the sea - son for vir - tues has ar - rived and the Judge is at the door.

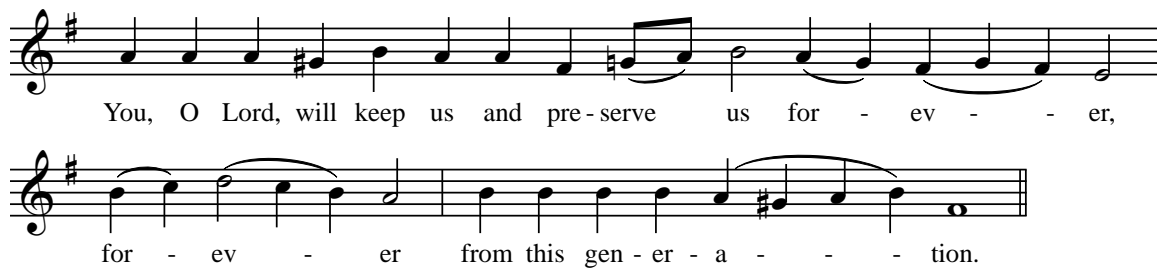
With - out look - ing gloom - y, let us fast, of - fer - ing tears, vig - ils, and alms,

and let us ex - claim: Our sins ex - ceed the grains of sand by the sea.

But for - give us all, O Cre - a - tor of All, that we may re - ceive the

in - cor - rup - ti - ble crown.

**Prokeimenon of the Second Sunday of the Great Fast - Tone 5 (Psalm 11:8,2):**



Two staves of musical notation in G major. The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The lyrics are: "You, O Lord, will keep us and pre-serve us for - ev - - er, for - ev - er from this gen - er - a - - - - tion."

*Verse:* Save me, O Lord, for the righteous have vanished.

*And then immediately:*

**Prokeimenon of our holy father Gregory Palamas - Tone 1 (Psalm 48:4,2):**



Two staves of musical notation in D minor. The first staff contains the melody for the first line of text, and the second staff contains the melody for the second line. The lyrics are: "My lips will speak words of wis - dom; un - der-stand-ing will be the theme of my heart."

**Alleluia of the Resurrection - Tone 6 (Psalm 90:1,2):**



One staff of musical notation in G major. The melody is for the Alleluia text: "Al - le-lu-ia! Al - - - le-lu - ia! Al - le - lu - - - ia!"

*Verse:* The one who dwells in the shelter of the Most High abides in the shadow of the God of heaven.

*Verse:* He says to the Lord: You are my Protector, my Refuge, and my God in whom I trust.

*And then immediately:*

**Alleluia of our holy father Gregory Palamas - Tone 2 (Psalm 36:30,31):**



One staff of musical notation in G major. The melody is for the Alleluia text: "Al-le-lu - ia! Al - le - lu - ia! Al - - - le - lu - ia!"

*Verse:* The mouth of the just will utter wisdom, and his tongue will pronounce judgment.

*[Verse:* The law of his God is in his heart; his steps shall be saved from stumbling.]

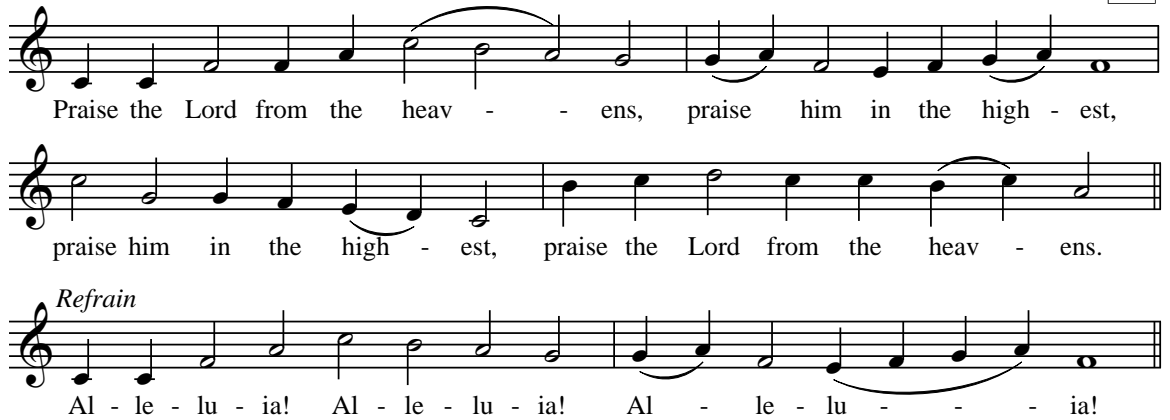
Instead of "It is truly proper . . .":

**Magnification:** (music found on pages 98 / 102)

In you, O Woman Full of Grace, all creation rejoices: the angels in their ranks and the human race. Sanctified Temple and Rational Paradise, Boast of Virgins from whom our God took flesh and became a child while remaining God from before all time. He made your womb a throne, setting it apart, a room more spacious than the heavens. In you, O Woman Full of Grace, all creation rejoices. Glory to you!

**Communion Hymn for Sunday** (Psalm 148:1):

B



Praise the Lord from the heav - - ens, praise him in the high - est,  
praise him in the high - est, praise the Lord from the heav - ens.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!

**Communion Hymn for our holy father Gregory Palamas** (Psalm 111:6,7):

B



The just man will be re - mem - bered for - e - ver;  
e - vil news he will not fear; e - vil news he will not fear.

*Refrain*  
Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - - - ia!