

**Vesper Propers, July 5, 2026**  
**Sixth Sunday after Pentecost**

**Our venerable father Athanasius of Mt. Athos, hegumen,** humble and peaceful, who founded a coenobitic way of living in the Great Laura. Despite many trials, he was father to many monks who followed his ascetic model. (1003)

*Supplement for The Order of Vespers for Sundays after Pentecost, 2006*

*Lamplighting Psalms in the Tone of the Week (Tone 5, p. 69), stichera 10-7.*

**Cantor:** (Tone 2) If you, O Lord, should mark our guilt, Lord, who would survive?  
(on 6) But with you is found forgiveness; for this we revere you.

**Stichera of our venerable father Athanasius of Mount Athos - Tone 2 samohlasen**

What prais-es are worthy of you, O A-than-a - sius? Your vir-tues are your true  
a-dorn - ment, and you were filled with grace by the light flow - ing from God.  
You are a sword cutting down the re - bel - lious pas - sions, a ra-diant  
pil - lar of divine con - tem - pla - tion, a flame of ab - sti - nence enkindling on the  
lamp-stand of your soul the di-vine precepts of the One who gives life to all man-kind!

**Cantor:** My soul is longing for the Lord, I count on his word.  
(on 5) My soul is longing for the Lord, more than watchman for daybreak.  
*All repeat "What praises are worthy of you..."*

**Cantor:** Let the watchman count on daybreak  
(on 4) and Israel on the Lord.

What prais-es can worthily crown you, O A-than-a - sius? You are an ea-gle soar-ing  
on the wind, car-ried like a heavenly being on the wings of di-vine con-tem-pla-tion.  
You are a strong - hold of humility, an unshaka-ble ram - part of dis - cern - ment,  
tru - ly ma - jes - tic in your no - bil - i - ty of soul, an in - ter - ces - sor be - fore  
Christ our God that he pro- tect your spiri-tual chil - dren in his com - pas - sion.

**Cantor:** Because with the Lord there is mercy and fullness of redemption.  
(on 3) Israel indeed he will redeem from all its iniquity.  
*All repeat "What praises can worthily crown you..."*

**Cantor:** Praise the Lord, all you nations; **Psalm 116**  
(on 2) acclaim him, all you peoples!

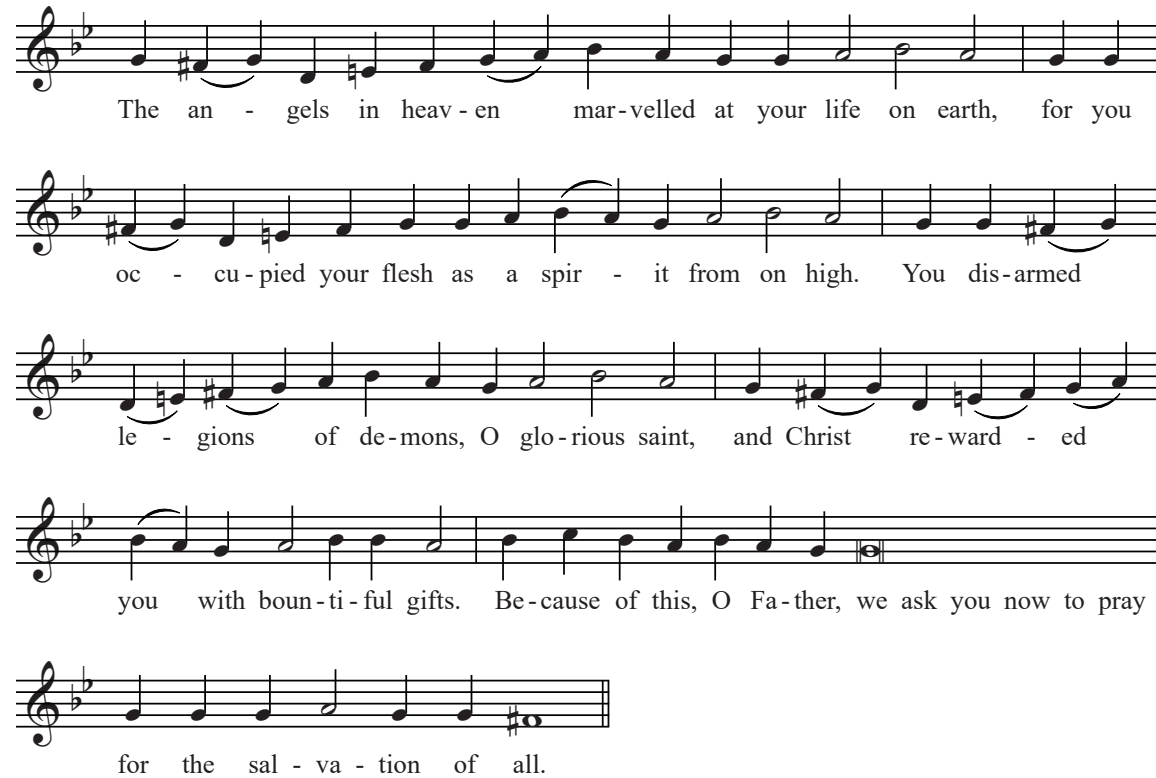
By the ra - diance of your gifts, you are like a morn - ing star, guid - ing those  
who are blinded by the passions toward the nev - er - set - ting Light, O fa - ther

## Troparia

*Troparion of the Resurrection in the Tone of the Week (Tone 5, p. 80), then:*

**Cantor:** (Tone 3) Glory to the Father...


**Troparion of our venerable father Athanasius of Mount Athos - Tone 3**



The an - gels in heav - en mar - velled at your life on earth, for you  
oc - cu - pied your flesh as a spir - it from on high. You dis - armed  
le - gions of de - mons, O glo - rious saint, and Christ re - ward - ed  
you with boun - ti - ful gifts. Be - cause of this, O Fa - ther, we ask you now to pray  
for the sal - va - tion of all.

**Cantor:** Glory... Now and ever...

*Festal Theotokion in the same Tone (Tone 3), page 57.*

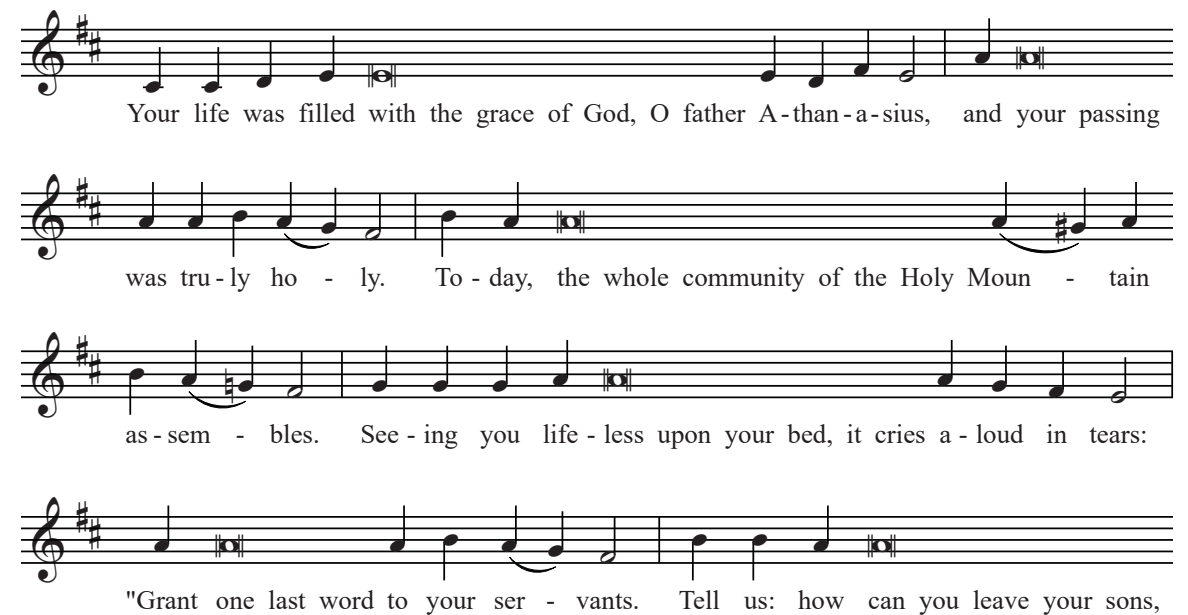


Athana - sius, wise in God. Since you in - creased the talent en - trust - ed to you,  
Christ made you a phy - si - cian of souls: a - ble to lance fes - tering wounds with the  
scal - pel of your words, you re - store health to the faith - ful who have re - course to you.

**Cantor:** Strong is the love of the Lord for us;  
(on 1) he is faithful forever.  
*All repeat "By the radiance of your gifts..."*

**Cantor:** (Tone 6) Glory...

**Doxastikon of our venerable father Athanasius of Mount Athos - Tone 6 samohlasen**



Your life was filled with the grace of God, O father A - than - a - sius, and your passing  
was tru - ly ho - ly. To - day, the whole community of the Holy Moun - tain  
as - sem - bles. See - ing you life - less upon your bed, it cries a - loud in tears:  
"Grant one last word to your ser - vants. Tell us: how can you leave your sons,

whom you have loved as a com-pas-sion-ate fa - ther? Al-though the tomb will

cov-er you on earth, we who whole-heartedly venerate you will have you in heaven as

a pro-tec - tor and in - ter - ces - sor be - fore Christ our God!"

**Cantor:** (Tone 5) Now and ever...

*Dogmatikon in the Tone of the week (Tone 5, page 76).*

**Readings:** Composite I (Festal Menaon 486)  
Proverbs 10:31-32; 11:1-2.4.3.5-12 (EOT 312)  
Wisdom 3:1-9 (EOT 315)

### Aposticha

*Aposticha in the Tone of the Week (Tone 5, page 77), concluding with:*

**Cantor:** (Tone 6) Glory...

**Aposticha doxastikon of our venerable father Athanasius of Mount Athos - Tone 6 samohlasen**

He is the jewel of the ho - ly fa - thers, the glory of Chris-tian as - cet - ics,

the foun-tain of di-vine mir - a - cles, our fer - vent intercessor be - fore God.

Come, O feast-lovers, let us sing him our prais-es and say: "Hail, em-blem and rule

of mo-nas-tic life, and its most pre-cise mod - el! Hail, O flaming torch,

illuminating the earth with your vir - tues! Hail, con-so-la-tion of the af-lict - ed

and fer-vent protector of the wretch - ed! You never cease to intercede be-fore

Christ our God, O A - than - a - sius, on be - half of your fold

and for all the faith-ful who ven - er - ate your sa - cred dor - mi - - - tion.

**Cantor:** Now and ever...

*Aposticha theotokion in the same tone (Tone 6), page 90:*

Christ the Lord, our Creator and Redeemer, \* came forth from your womb, O Virgin most pure. \* He clothed himself in our human flesh \* to set us free from the original curse of Adam. \* Therefore, O Mary, we praise you without ceasing \* as the true Virgin Theotokos, \* and we sing with the angels: \* Rejoice, O Lady, advocate, protector, \* and salvation of souls.

*The service continues on p. 19.*