

Divine Liturgy, September 20, 2026
SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS

Hymn

melody: Pod tvoј pokrov / We Hasten to Your Patronage



1. Christ called the crowd to Him and said, "If you would fol - low Me,
2. What prof - it, then, to gain the world And then to lose one's soul?
3. For I am dead to my old self; With Christ I'm cru - ci - fied;



De - ny your - self, take up your cross, And my dis - ci - ple be!
What can be giv - en in ex - change That still would keep us whole?
The life I live is not my own - Yes, to my "self" I've died!



For those who seek to save their life Will lose it at the end;
If we be - have a - shamed of Christ, With wit-ness far from grand,
Christ lives in us; a life of faith— From sin and death set free,



But life lost for the Gos - pel's sake Will live on as My friend."
Christ will dis - own us each when we're Be - fore the judg - ment - stand.
That I may know that lov - ing Lord, Who gave Him - self for me.

First Antiphon (Psalm 21:2)

My God, my God, hear me; why have you for-sak - en me? Far from my
sal - vation are the words of my trans - gres - sions. Through the pray'rs of the
The - o - to - kos, O Sav-ior, save us. Glo - ry to the Father, and to
the Son, and to the Ho-ly Spir - it, now and ev - er and for-ev - er. A-men.
Through the pray'rs of the The - o - to - kos, O Sav-ior, save us.

The musical notation is written on five staves in a single system. It begins with a treble clef and a key signature of one flat (B-flat). The melody is composed of eighth and quarter notes, with some phrases ending in a double bar line and repeat dots. The lyrics are aligned with the notes below each staff.

Second Antiphon (Psalm 66:2):

Why, O God, have you cast us off for-ev - er? Why does your an - ger smoulder
against the sheep of your pas - ture? O Son of God, cru-ci-fied in the flesh,
save us who sing to you: Al - le - lu - - - ia!

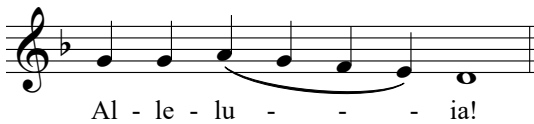
The musical notation is written on three staves. It continues with a treble clef and a key signature of one flat. The melody features a mix of eighth, quarter, and half notes, with a final phrase 'Al - le - lu - - - ia!' ending with a long note and a double bar line. The lyrics are placed directly under the corresponding notes.

Hymn of the Incarnation - Resurrection Tone 7 (other versions on pp. 18 and 21):

Glo - ry to the Father, and to the Son, and to the Ho - ly Spir - it,
now and ev - er and for-ev - er. A - men. O on - ly - begotten Son and
Word of God, who be - ing im-mor - tal, deigned for our sal - va - tion
to be-come in - car - nate of the ho - ly Theotokos and ever-Vir-gin Mar-y,
and be-came man with-out change; you were al - so crucified, O Christ our God,
and by death have tram-pled Death, be-ing One of the Ho - ly Trin - i - ty,
glo - rified with the Father and the Ho-ly Spir - it, save us.

Third Antiphon (Psalm 94:1)

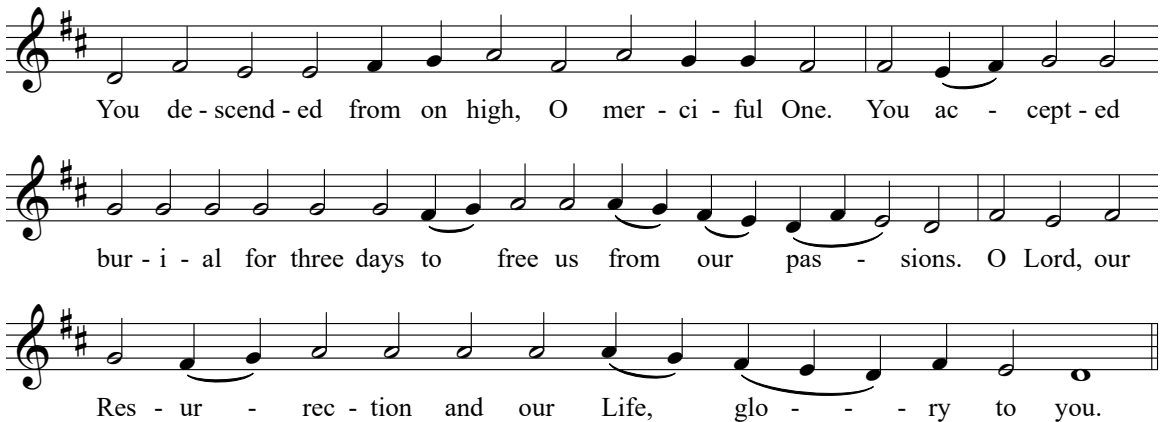
Come, let us sing joyful-ly to the Lord; let us ac-claim God our Sav - ior.
O Son of God, cru - ci - fied in the flesh, save us who sing to you:



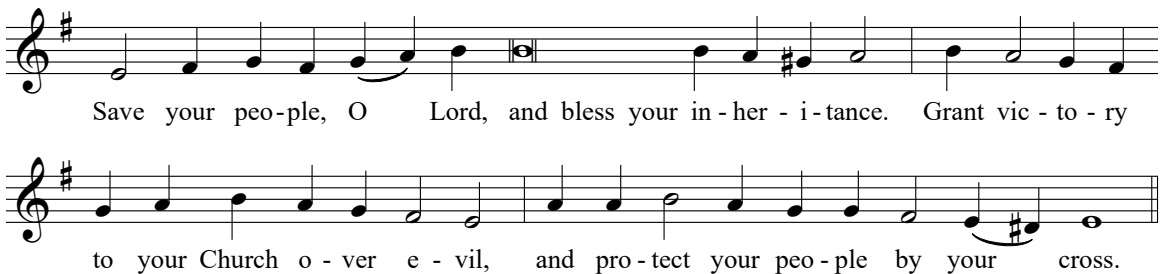
Entrance Hymn (Psalm 94:6):



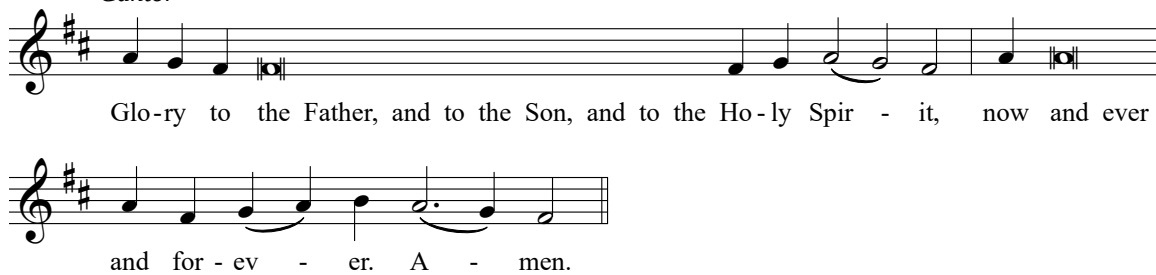
Troparion of the Resurrection - Tone 8



Troparion of the Cross - Tone 1

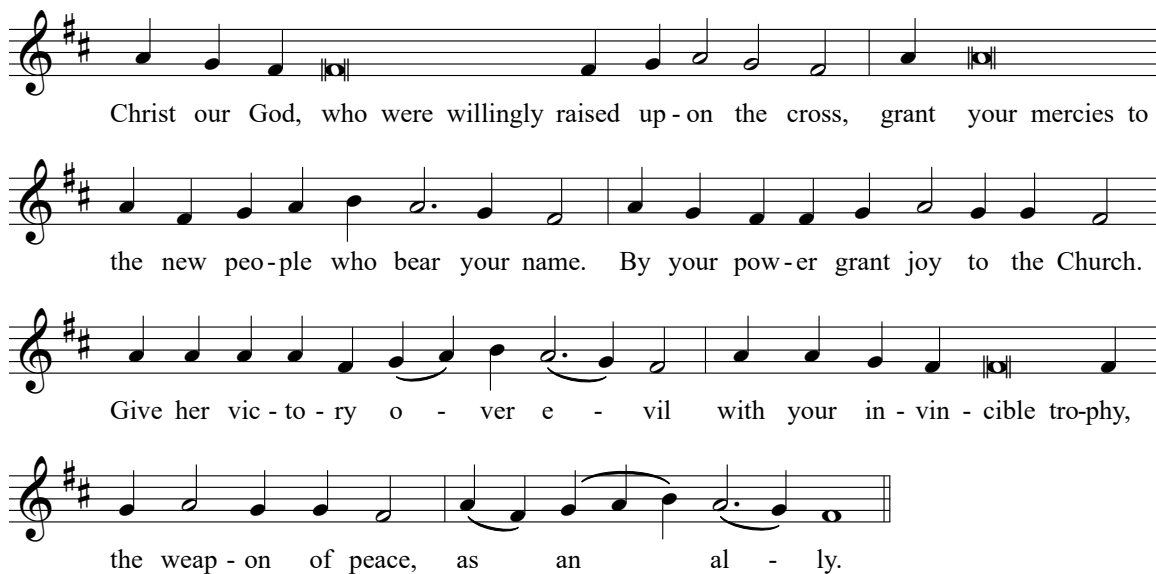


Cantor



Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it, now and ever
and for - ev - er. A - men.

Kontakion of the Cross - Tone 4



Christ our God, who were willingly raised up-on the cross, grant your mercies to
the new peo-ple who bear your name. By your pow-er grant joy to the Church.
Give her vic - to - ry o - ver e - vil with your in - vin - cible tro-phy,
the weap - on of peace, as an al - ly.

Instead of "Holy God", the following is sung (music on pages 32-33):

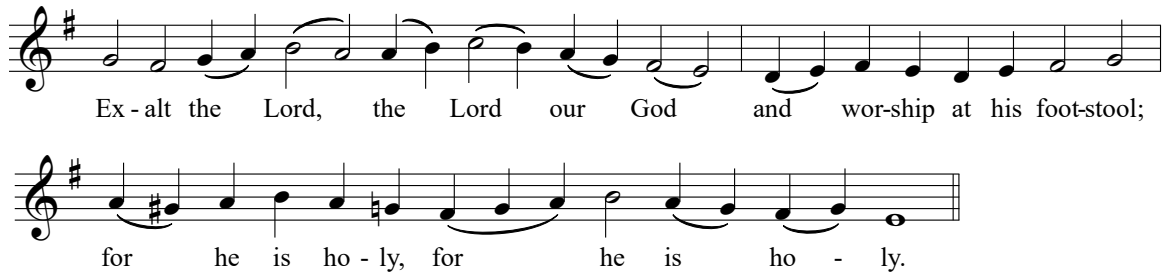
We bow to your cross, O Lord, and we glorify your holy resurrection. *(three times)*

Glory to the Father and to the Son and to the Holy Spirit, now and ever and forever. Amen.

And we glorify your holy resurrection.

We bow to your cross, O Lord, and we glorify your holy resurrection.

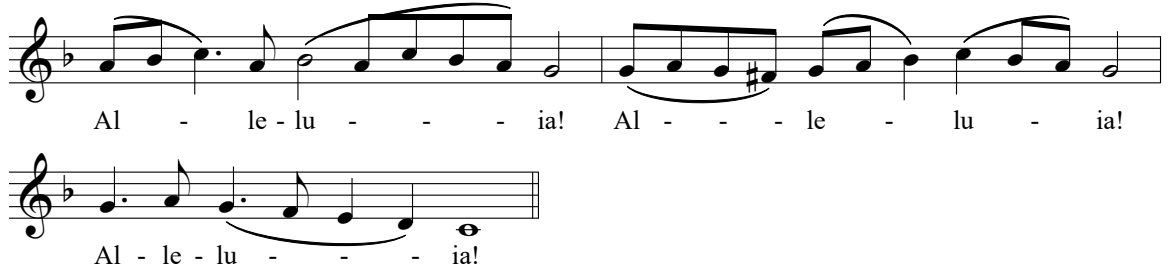
Prokeimenon of the Cross - Tone 7 (Psalm 98:5,1):



Ex - alt the Lord, the Lord our God and wor-ship at his foot-stool;
for he is ho - ly, for he is ho - ly.

Verse: The Lord is King; let the peoples rage.

Alleluia of the Cross - Tone 1 (Psalm 73:2,12):



Al - le - lu - - - ia! Al - - - le - lu - ia!
Al - le - lu - - - ia!

Verse: Remember your flock which you acquired long ago.

Verse: God is our King from all ages; he has accomplished salvation in the middle of the earth.

Instead of "It is truly proper . . ."

Magnification:

Ex - tol, ex - tol, O my soul, O my soul,
the most pre - cious cross of the Lord.

The musical notation for the Magnification is written on two staves in G major (one sharp). The first staff contains the melody for "Ex - tol, ex - tol, O my soul, O my soul," and the second staff contains the melody for "the most pre - cious cross of the Lord." The melody is a simple, flowing line with various note values including quarter, eighth, and half notes, and rests.

Irmos:

Tone 6 Irmos, simple setting

You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from
you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.
As we now ex - alt the cross and bow be-fore it, we pro-claim
your great - - - ness.

The musical notation for the Irmos is written on four staves in G major (one sharp). The first staff contains the melody for "You are a mystical paradise, O The-o - to-kos; Christ has blos-somed forth from", the second staff for "you with-out till-ing. He plant-ed the life-bearing tree of the cross on the earth.", the third staff for "As we now ex - alt the cross and bow be-fore it, we pro-claim", and the fourth staff for "your great - - - ness." The melody is a simple, flowing line with various note values including quarter, eighth, and half notes, and rests.

Communion Hymn - For Sunday (Psalm 148:1):

A

Praise the Lord, praise the Lord from the heav - ens, praise him

Refrain

in the high-est, praise him in the high-est. Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia!

Communion Hymn of the Cross (Psalm 4:7):

A

We have been signed, O Lord, with the light of your face.

We have been signed, O Lord, with the light of your face.

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!